

SAVE THE DATE

Do you find yourself worrying to the point where you can't sleeping at night?

*What's Really
Let's Talk About It!*

Join BlackAmericaResourceDirectory, AAFWAG and AHCC for a meaningful discussion with expert panelist on the impact Mental and Brain Health has on older adults as we age.

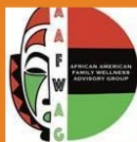
Saturday, February 22, 2025

10 am-2pm

Sun Lakes Country Club

South Club House - 5925 Myrtle Beach

Banning, California 92220



Riverside
University
HEALTH SYSTEM
Behavioral Health
Cultural Competency



BLACK AMERICA
RESOURCE DIRECTORY
CONNECTING US GLOBALLY

Going on?

BLACK
HISTORY
MONTH



"What's Really Going On? – Let's Talk About It" is more than just an event—it's a movement to ensure that aging African Americans receive the care and dignity they deserve. By focusing on education, collaboration, and culturally competent care, we can dismantle the barriers that have kept so many from seeking help. This event is a step in our ongoing commitment to addressing the unique challenges of aging within the Black community.