

Riverside County Health Coalition Meeting | July 17, 2024

Meeting Notes

Present: Dr. Marshare Penny, Dr. Geoffrey Leung, Salomeh Wagaw, Daisy Ramirez-Bell, Amanda Trinh and 100+ other attendees (in-person & virtual)

Next meeting: October 16, 2024, from 10:00 am – 12:00pm

Location: Lakeland Village Community Center & Virtual

Scribe: James Jo, RUHS-PH

Welcoming Remarks and Introduction:

Daisy Ramirez Bell, RUHS-Public Health, Program Coordinator II
Amanda Trinh, RUHS-Public Health, HEA II

- Daisy and Amanda welcomed and thanked everyone for coming to the coalition meeting.
- Daisy provided an overview of the meeting agenda and Amanda shared the housekeeping rules for the meeting.
- ASL, Spanish translations, and closed captioning were available for attendees.
- Amanda gave a Land acknowledgement for the indigenous Native tribes.
- Daisy shared the mission and goals of the RCHC. She shared the reasons why we are here together as a coalition. RCHC website has been updated to include new videos and resources.
- Amanda encouraged attendees to take an introductory poll to indicate their sector(s) representation.

Studio 395 Introduction

Rebecca Esquibel, CEO of Studio 395

- Rebecca gave a brief background on Studio 395. It is a non-profit arts organization, which provides a variety of programs and resources for community members.
- She discussed how arts play an important role in influencing the health and well-being of individuals.
- The Pop-up Art Project, which provides opportunities for participants to learn about the role and the importance of arts in mental health, was shared.

Remarks by Mayor Steve Manos:

Steve Manos, Mayor of Lake Elsinore

- Amanda introduced the Mayor of Lake Elsinore, Steve Manos.
- Steve welcomed everyone and highlighted some of the recent happenings within the City of Lake Elsinore.
- The City has taken a proactive role in improving public health, including parks and exercise programs.

- Recent improvements for the City include the lake water quality and walking trails.

April Meeting Priority Area Results and Summary

Daisy Ramirez Bell, Program Coordinator II, RUHS-PH

- Daisy reported on the April coalition meeting summary and outcomes.
- Community Health Assessment (CHA) and its priority areas were discussed.
- Housing and Mental Health/Suicide Prevention were two overarching themes that emerged from the discussion held in the previous coalition meeting in April. Attendees were asked to join one of two breakout sessions on the topics of Housing and Mental Health.
- During the breakout sessions, participants were asked to discuss the following three questions and report back to the larger group.
- Question #1: If we were to start the workgroups today, what would motivate you to be involved?
- Question #2: What do you want to see accomplished in the workgroup?
- Question #3: Who in the community should lead the workgroup?

Breakout Session Discussion

Daisy Ramirez Bell, Program Coordinator II, RUHS-PH

Robert Gonzalez, Program Coordinator II, RUHS-PH

Amanda Trinh, HEA II, RUHS-PH

Genesis Ordonez, HEA II, RUHS-PH

- During the breakout sessions, coalition members shared their thoughts/comments on the discussion questions, both verbally and in writing (Post-it stickers).
- Robert shared some of the highlights of discussion for his group, including how different components of housing could impact the health of the community members. In addition, a representative from each group discussed some highlights in their session.

Break

Arts and Culture Alliance for Healthy and Equitable Communities:

Miguel Vazquez, RUHS-PH, Urban/Regional Planner

- Miguel provided a Healthy Cities Network background. It began with the adoption of the Healthy Riverside County Resolution in 2011.
- Miguel discussed some of the objectives of the Healthy Riverside County Initiative and how the Initiative provided momentum for health policies, including Live-Well Perris, to be incorporated into the cities of Riverside County.
- He shared how SB 1000 played an important role in improving the health and well-being of Riverside County residents.

- The National Healthy Communities Platform was discussed and how it led to the creation of PHEAL.
- Healthy Cities Network 2.0 Vision framework was highlighted.
- The importance of incorporating arts in community improvement projects was explained.
- Lastly, a call to action, including the Logic model, was discussed.

Q & A:

- Q: What are the key considerations and steps to transform parking spots into parklets?
A: First step is to find out if your jurisdiction has a policy in place around parklets. During the pandemic, they were popular with some restaurants as they allowed them to operate outdoors. Some cities made them permanent.
- Q: There isn't much collaboration taking place within arts integration. Is Riverside County thinking about adopting arts and health week?
A: The presentation provided was intended to instigate community's interest towards potentially working on establishing an arts and health week. We are forming a working group to explore this topic and more.

Survey/Activity

Daisy Ramirez Bell, RUHS-Public Health, Program Coordinator

Genesis Ordonez, RUHS-Public Health, HEA II

- QR code for the coalition survey was shared with attendees.
- To be entered into a drawing for \$25 gift cards (total of six winners), attendees were asked to email RivcoHealthEquity@ruhealth.org with a screen shot of the score of their city's walkability score and what they learned from the meeting. Walkability score can be obtained by going to www.walkscore.com/score/.

Partner Updates/Wrap-Up

Daisy Ramirez Bell, RUHS-PH, Program Coordinator

- Riverside County Nonprofit Academy is available to interested community members. It is a two-part training series, and the next series is on July 23 and 25.
- Greg and Lupita, Media/Communications team, gave an update on a recent podcast released last month highlighting the mental health awareness week.
- Next coalition meeting is on October 16th.

Adjournment

- The meeting was adjourned at 12:04 pm.