



RIVERSIDE COUNTY  
**HEALTH  
COALITION**

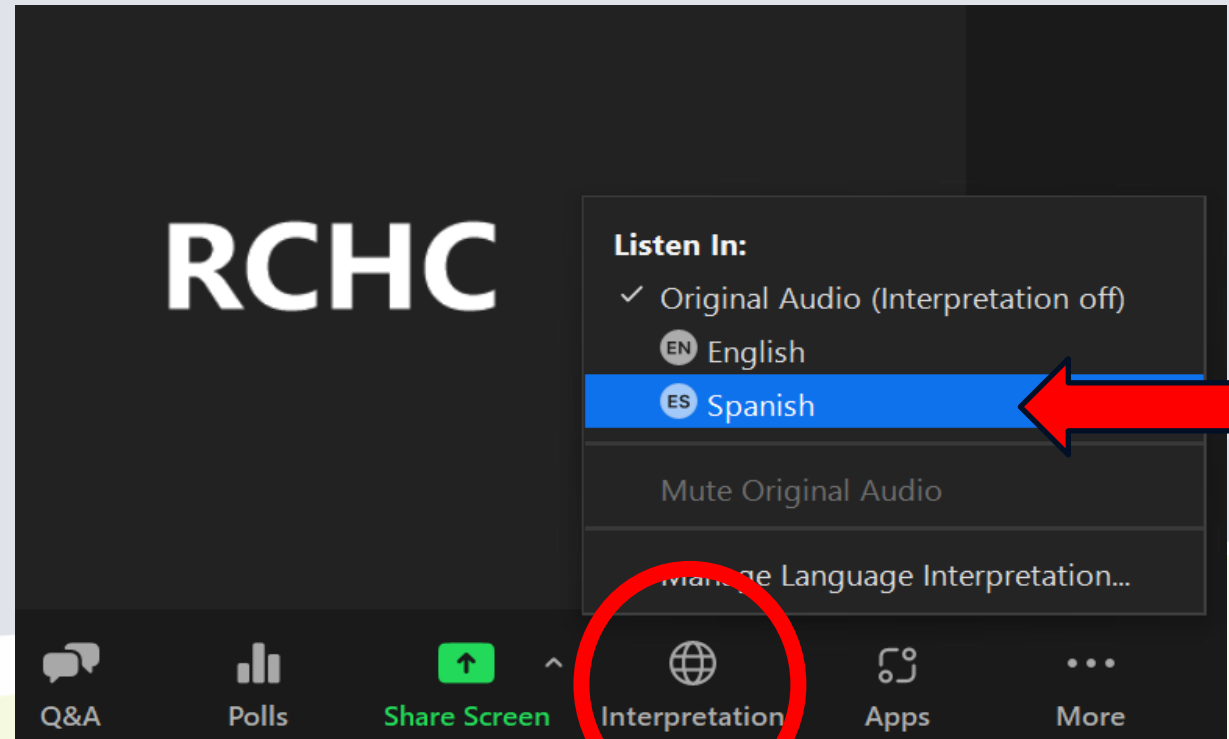
*Harmony In Health: Creating Communities of  
Wellness, Resilience, and Sustainability*

*Armonía en la Salud: Creando Comunidades de  
Bienestar, Resiliencia y Sostenibilidad*

**Welcome! We will begin  
momentarily.**

**¡Bienvenidos! Comenzaremos en  
un momento.**

July 17<sup>th</sup>, 2024



*Para audio en español, primero haga clic  
en el la opción de "Interpretation." Luego  
hará clic en la opción de "Spanish".*



RIVERSIDE COUNTY  
**HEALTH  
COALITION**

*Harmony In Health: Creating Communities of  
Wellness, Resilience, and Sustainability*

*Armonía en la Salud: Creando Comunidades de Bienestar, Resiliencia y Sostenibilidad*

**Welcome and  
Acknowledgements!**

**¡Bienvenida y Reconocimientos!**

# AGENDA



## AGENDA

**Welcoming Remarks and Introduction**

**Studio 395 Introduction**

Rebecca Equibel (she/her), Director of Studio 395

**Remarks by Mayor Steve Manos**

**April Meeting Priority Area Results and Summary**

**Breakout Discussion**

**Break**

**An Arts and Culture Alliance for Healthy and Equitable Communities**

Miguel Vazquez (he/him), RUHS- Public Health, Health Equity Urban and Regional Planner

**Q&A**

**Survey/Activity**

**Partner Updates/Wrap-Up**

## AGENDA

**Palabras de bienvenida y presentaciones**

**Introducción del Estudio 395**

Rebecca Equibel (ella), Directora del Estudio 395

**Palabras del alcalde de Lake Elsinore, Steve Manos**

**Resultados y Resumen de las Áreas de Prioridad  
de la Reunión de abril**

**Sesión de Ideas**

**Receso**

**Una Alianza de Arte y Cultura para  
Comunidades Saludables y Equitativas**

Miguel Vazquez (él), Planificador Urbano y Regional de Equidad en Salud

**Preguntas y Respuestas**

**Encuesta/Actividad**

**Actualizaciones/Resumen de Socios**

# HOUSEKEEPING / ASUNTOS



## In-Person

- Please sign in at the greeter's table
- Restrooms located in the hallway/  
Breastfeeding room available
- Staff will monitor throughout the meeting
- We have closed captioning services in English & Spanish and an ASL Interpreter.
  - Information provided as QR code below
- Slides and a recording of this event will be shared after the meeting.



## English Stream Text



## En persona:

- Regístrese en la mesa de bienvenida
- Baños ubicados en el pasillo/  
Sala de lactancia disponible
- El personal supervisará durante toda la reunión.
- Contamos con servicios de subtítulos en inglés y español y un intérprete de ASL.
  - Información proporcionada como código QR a continuación
- Las diapositivas y una grabación de este evento se compartirán después de la reunión.

## Español Stream Text



# HOUSEKEEPING / ASUNTOS



## Virtual:

- Please enter your name, pronouns, and affiliation in your profile name.
- Staff will monitor throughout the meeting
- All participants are muted upon entry.
- Please submit any questions through the Q&A box
- We have closed captioning services in English & Spanish and an ASL Interpreter.
  - Information provided in the chat



## English Stream Text



## Virtual:

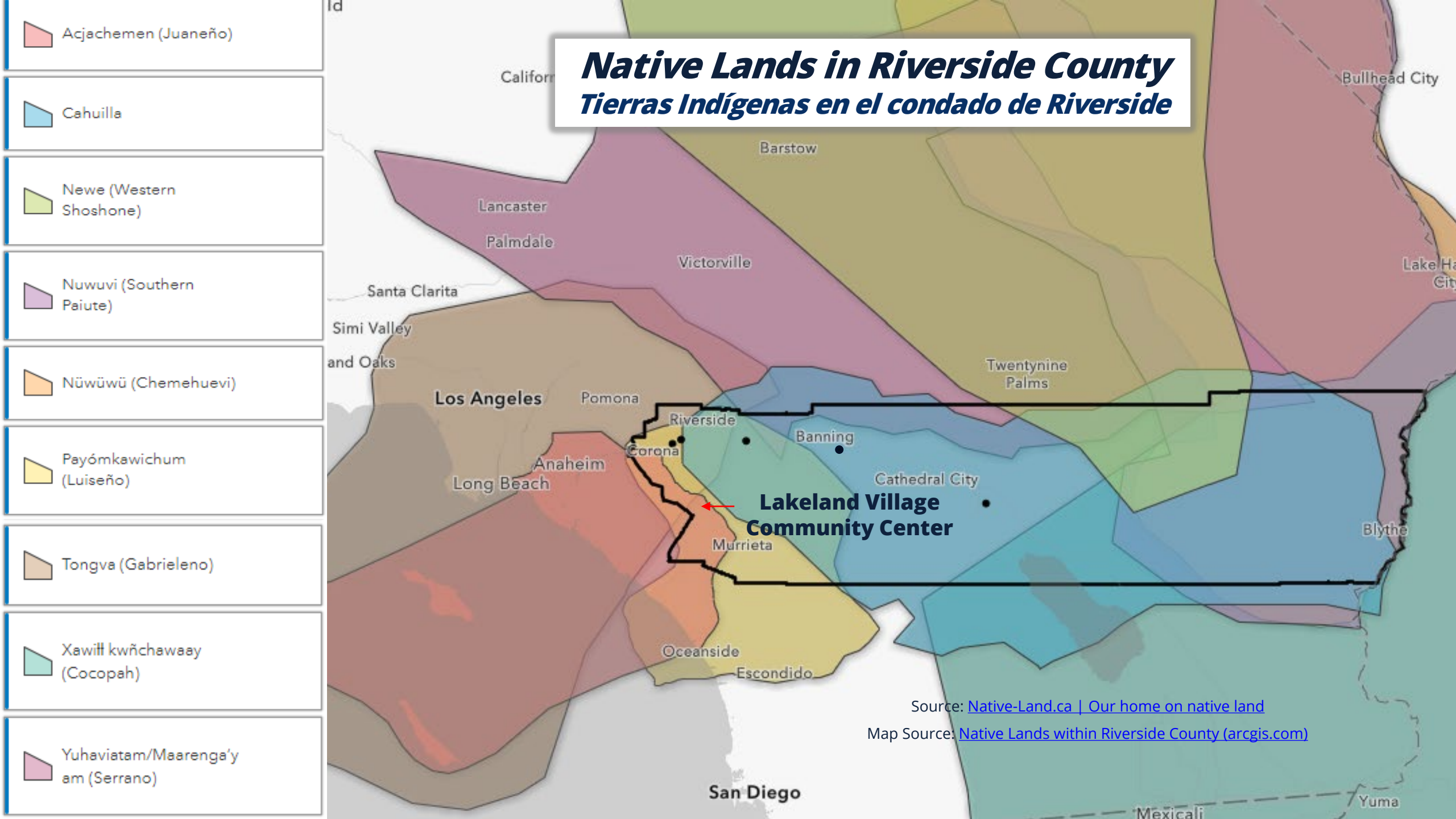
- Por favor ingrese su nombre, pronombres, y afiliación en su nombre de perfil.
- El personal supervisará durante toda la reunión.
- Todos los participantes son silenciados al entrar.
- Envíe cualquier pregunta a través del cuadro de preguntas y respuestas.
- Contamos con servicios de subtítulos en inglés y español y un intérprete de ASL.
  - Información proporcionada en el chat.

## Español Stream Text



# ***Native Lands in Riverside County***

## ***Tierras Indígenas en el condado de Riverside***



Source: [Native-Land.ca](http://Native-Land.ca) | Our home on native land

Map Source: [Native Lands within Riverside County \(arcgis.com\)](http://Native Lands within Riverside County (arcgis.com))



RIVERSIDE COUNTY  
**HEALTH  
COALITION**

Mission:

*to Promote, Improve, and Sustain*

social and physical environments for health and wellness in Riverside County!

¡Una coalición hecha para

***Promover, Mejorar y Mantener***

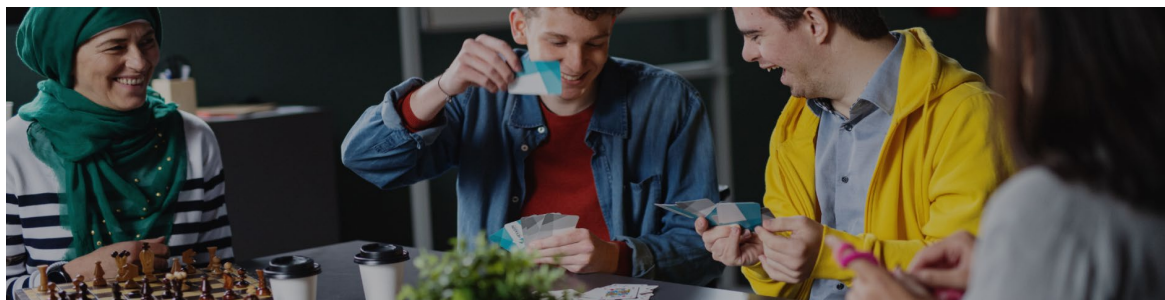
entornos sociales y físicos para la salud y el bienestar en el condado de Riverside!

# Why are we here?

*¿Por qué estamos aquí?*



- Expansion of partnerships
- Shared resources
- Highlighting innovative practices
- Community empowerment



- Expansión de asociaciones
- Recursos compartidos
- Destacando prácticas innovadoras
- Empoderamiento de la comunidad





The Riverside County Health Coalition's webpage has been updated and is live! Scan the QR code below to visit our page!



[www.ruhealth.org/riverside-county-health-coalition](http://www.ruhealth.org/riverside-county-health-coalition)

The screenshot shows the top portion of the website. On the left is the Riverside University Health System logo. The navigation menu includes: RUHS, NEWS, LOCATIONS, APPOINTMENTS, RESOURCES, SERVICES, CAREERS, and a search bar. On the right, there are links for 'Find Your Way', 'MyRUHealth Patient Portal', 'Giving', and 'Find us on social'. A 'SELECT LANGUAGE' dropdown is also present. Below the navigation is a large banner with the coalition logo and mission statement in both English and Spanish. To the right of the banner is a grid of six icons with labels: 'About Us', 'Riverside County Health Coalition', 'EquiTEA Podcast', 'Strategic Health Alliance Pursuing Equity (SHAPE)', 'Community COVID-19 Impact Hub', and 'Equity and Justice Taskforce'.

## Riverside County Health Coalition Coalición de Salud del Condado de Riverside

The Riverside County Health Coalition meets quarterly to provide an inclusive forum to share knowledge, experience; collaborate and network with agency partners, schools, and organizations. The coalition aims to gather, support, and mobilize partners from multiple domains; provide leadership and vision; and coordinate county-wide efforts in the promotion of healthier living throughout our County.

La Coalición de Salud del Condado de Riverside se reúne trimestralmente para proporcionar un foro inclusivo para compartir conocimientos y experiencias; colaborar y establecer contactos con agencias asociadas, escuelas y organizaciones. La coalición tiene como objetivo reunir, apoyar y movilizar socios de múltiples ámbitos; proporcionar liderazgo y visión; y coordinar los esfuerzos de todo el condado para promover una vida más saludable en todo nuestro condado.

Questions? Contact us here/ ¿Preguntas? Póngase en contacto con nosotros aquí: [RivCoHealthEquity@ruhealth.org](mailto:RivCoHealthEquity@ruhealth.org)

[Add me to your Mailing list](#)

The screenshot shows a video player with a title 'Riverside County Health Coalition 2024 - Highlight'. Below the title is the coalition logo and the name 'Devin Quinn, Director of Community Health'. The video content shows a man in a white shirt speaking. Below the video are three questions: 'What is your organizations mission?', 'What is Health Equity?', and 'What are your thoughts on the Health Coalition?'. Logos for 'Health Equity' and 'EQUITEA' are visible at the bottom.



*Jose Castillo*  
IEHP

What is your organizations mission?

What is Health Equity?

What are your thoughts on the Health Coalition?



# "Who's in the Room? Let's Find Out!"

*"¿Quién está aquí? ¡Averigüémoslo!"*

# What sector does your organization represent?

## *¿Qué sector representa su organización?*

- Community Members/ Students
- Community-Based Organizations / Faith-Based Organizations
- Education / Academia
- Government
- Healthcare / Public Health
- Housing/ Planning
- Law Enforcement / First Responder
- Native / Tribal Community
- Social Services / Mental Health
- Other
- Miembros de la comunidad/Estudiantes
- Organizaciones basadas en la comunidad / Organizaciones basadas en la fe
- Educación / Academia
- Gobierno
- Cuidado de Salud / Salud Pública
- Vivienda/ Planificación
- Aplicación de la ley/ Primeros Auxilios
- Comunidad Nativa / Tribal
- Servicios Sociales / Salud Mental
- Otro

# Representation Matters!

*¡La representación importa!*





30 YEARS  
OF BUILDING  
FOR GOOD



WORLD BE WELL, INC.



# STUDIO 395

Remarks by Rebecca Esquibel

**COMENTARIOS**



*Rebecca Esquibel (she/her)*  
**CEO of STUDIO 395**



# City of Lake Elsinore

Remarks by Mayor Steve Manos

**COMENTARIOS**



***Steve Manos (he/him)***  
***Mayor of Lake Elsinore***

# April Meeting Summary and Outcomes

## Top RCHC Priority Areas:

- Housing
- Mental Health/Suicide Prevention

## Overarching Themes of Priority Areas:

- Health Disparities/ Health Equity and Justice
- Underserved Populations
- Systemic Racism

## Community Health Assessment and Priority Areas: Future Topics/Focus of Interest

- One respondent mentioned that if housing is going to be a priority area, then data is needed to support it such as point-in-time counts, affordable housing inventory, etc.
- Know more about the barriers to affordable housing as well as barriers to mental healthcare.
- Another person would like to hear about initiatives and ways to get involved. - Bullying in schools
- Homelessness
- Smoking
- Interdisciplinary connections between health and the environment
- Climate change
- Workforce Development
- Create a map of community organization resources

# Discussion

## DIÁLOGO

Based on the discussions and surveys from the Riverside County Health Coalition (RCHC) January and April quarterly meetings, members have identified Housing and Mental Health/Suicide Prevention as the primary priorities for the next five years. These priorities are framed by overarching themes of Health Disparities, Health Equity and Justice, Underserved Populations, and Systemic Racism. Additionally, coalition members expressed a strong interest in joining workgroups focused on addressing specific health inequities.

### **Top RCHC Priority Areas:**

- Housing
- Mental Health/Suicide Prevention

### **Overarching Themes of Priority Areas:**

- Health Disparities/ Health Equity and Justice
- Underserved Populations
- Systemic Racism

# Discussion Questions

## *DIÁLOGO*

- 1. If we were to start the workgroups today, what would motivate you to be involved?**
- 2. What do you want to see accomplished in the workgroup?**
- 3. Who in the community should lead the workgroup?**

# 5 Minute Break

*DESCANSO DE 5 MINUTOS*

# Healthy Cities Network 2.0

An Arts and Culture Alliance for Healthy and Equitable Communities

## PRESENTACIÓN



*Miguel A. Vazquez, FAICP (he/him)*  
*Health Equity Urban and Regional Planner*  
*RUHS – Public Health*



# Healthy Cities Network 2.0

An Arts and Culture Alliance for Healthy and Equitable Communities

Miguel A. Vazquez, FAICP










# 1. Healthy Cities Network Background



# Healthy Riverside County Resolution

**SUBMITTAL TO THE BOARD OF SUPERVISORS**  
**COUNTY OF RIVERSIDE, STATE OF CALIFORNIA** 331 



**FROM:** Department of Public Health, Community Health Agency **SUBMITTAL DATE:** April 6, 2011

**SUBJECT:** Healthy Riverside County

**RECOMMENDED MOTION:** Move that the Board adopt the attached Resolution 2011-025 – Healthy Riverside County.


**BACKGROUND:** The Community Health Agency (CHA) actively works to improve the health and wellness of all Riverside County residents and visitors. Riverside County is ranked 35<sup>th</sup> out of 58 California counties in its rate of adult obesity, and ranks 52<sup>nd</sup> for its physical environment conducive to health. Our health is affected by where we live, work and play. To this end, the CHA is working closely with Transportation and Land Management Agency (TLMA) Planning Department to develop a Community Health Element for the next General Plan update which will help ensure that future development provides for healthy eating and active living. The CHA-sponsored Riverside County Joint Health Coalition includes community partners, county departments and schools working together to find ways to reduce the rates of obesity and chronic disease in our county.

The Resolution will support these efforts by encouraging county departments to work together to support active transportation, physical activity and help to provide access to healthy and affordable foods.

   
 Eric Frykholm, MD Director Community Health Agency Carolyn Syms Luna Planning Director


<b>FINANCIAL DATA</b>	Current F.Y. Total Cost: \$ 0	In Current Year Budget: N/A
	Current F.Y. Net County Cost: \$ 0	Budget Adjustment: N/A
	Annual Net County Cost: \$ 0	Per Fiscal Year: 10-11

**SOURCE OF FUNDS:** N/A Positions To Be Deleted Per A-30   
Requires 4/5 Vote

**C.E.O. RECOMMENDATION:** APPROVE  
  
 County Executive Office Signature Debra Cournoyer


**MINUTES OF THE BOARD OF SUPERVISORS**  
 On motion of Supervisor Buster, seconded by Supervisor Benoit and duly carried by unanimous vote, IT WAS ORDERED that the above matter is approved as recommended.

Ayes: Buster, Tavaglione, Stone, Benoit and Ashley  
 Nays: None  
 Absent: None  
 Date: April 26, 2011  
 xc: CHA/Public Health, Planning

Kecia Harper-Ihem  
 Clerk of the Board  
 By   
 Deputy

Prev. Agn. Ref.: District: Agenda Number: **3.12**

## ➤ RESOLUTION 2011-025—Healthy Riverside County

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**FROM:** Department of Public Health, Community Health Agency **SUBMITTAL DATE:** April 6, 2011

**SUBJECT:** Healthy Riverside County

**RECOMMENDED MOTION:** Move that the Board adopt the attached Resolution 2011-025 – Healthy Riverside County.

12 **BE IT FURTHER RESOLVED THAT the Community Health Agency/Department of**  
 13 **Public Health work with other County Departments and community partners to adopt preventive measures**  
 14 **and develop initiatives and programs to fight obesity and chronic diseases, and create and/or work with**  
 15 **existing coalitions which further community health and wellness.**  
 16  
 17

**MINUTES OF THE BOARD OF SUPERVISORS**  
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Kecia Harper-Ihem  
 Clerk of the Board  
 By   
 Deputy

Prev. Agn. Ref.: District: Agenda Number: **3.12**





1. Improve nutrition for all residents by increasing access to and consumption of healthy foods and beverages.
2. Increase daily physical activity rates in the community, workplace, school and other settings.
3. Reduce tobacco exposure and limit or discourage tobacco use where people live, work, play and study.
4. **Create a healthy and safe physical/built environment that promotes active transportation i.e. walkability and bikability**

2012



Source: County of Riverside Department of Public Health  
Prepared by Miguel A. Vazquez, AICP

-  H.E.A.L. City Resolution
-  Health Resolution



HEALTHY EATING  
ACTIVE LIVING  
**CITIES**  
CAMPAIGN

# 12

## Policy Efforts

 **Riverside University**  
**HEALTH SYSTEM**  
Public Health

# RIVERSIDE COUNTY HEALTHY CITIES NETWORK

**2019**



- |  |  |  |                               |
|--|--|--|-------------------------------|
|  | Adopted Health Element                               |  | H.E.A.L. City Resolution      |
|  | Health Element in progress                           |  | Health Resolution             |
|  | Prospect Health Element                              |  | Health Resolution in progress |
|  | Explicit Health Considerations into the General Plan |  | Health Initiatives            |
|  | EJ Element (SB1000) in progress                      |  |                               |
|  | Adopted EJ Element (SB1000)                          |  |                               |

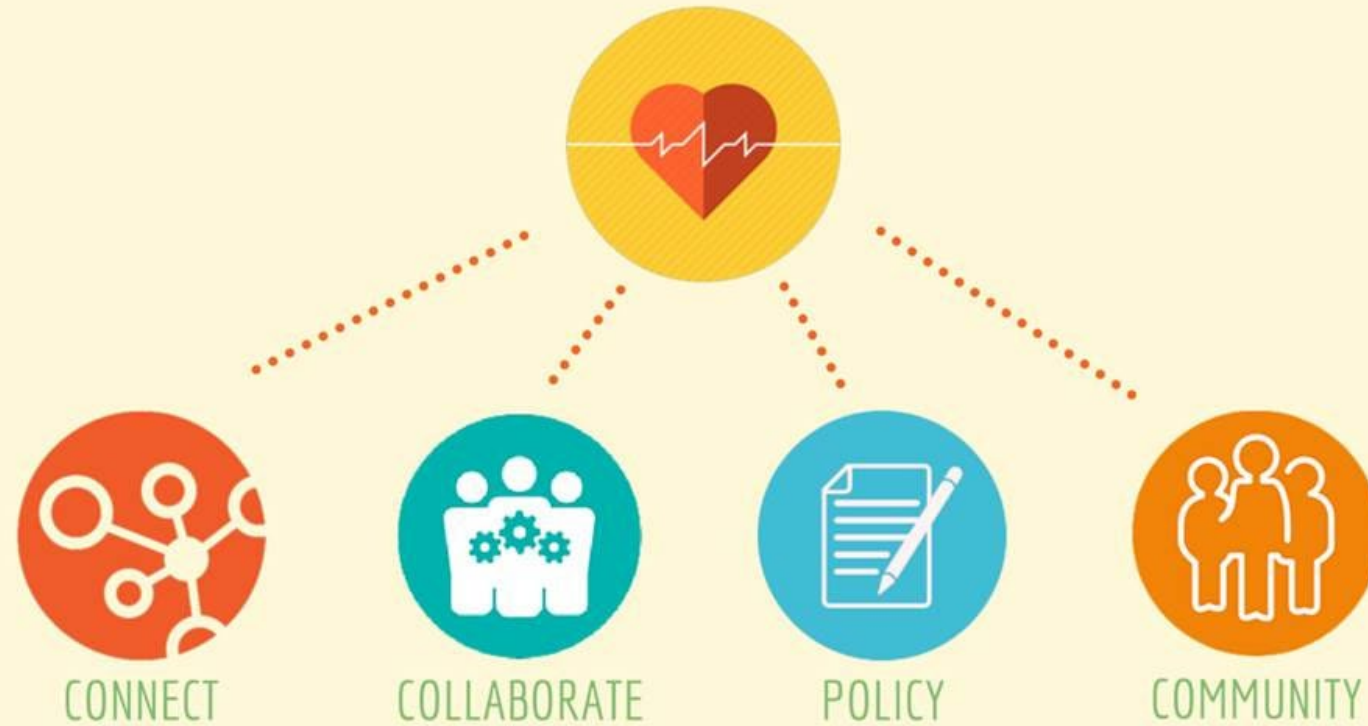
Source: County of Riverside Department of Public Health  
Prepared by Miguel A. Vazquez, AICP and Selameh Wegay, MPH  
Summer 2015  
Updated 1/1/18



**45**  
Policy Efforts

# HEALTHY CITIES NETWORK

## GOALS



# SB 1000

FROM POLICY TO ACTION

OCTOBER 29, 2019

SO CAL  
FORUM AND  
ROUNDTABLE  
RIVERSIDE, CA

## Featured Speakers



Hon. Connie Leyva  
Senator  
State of California  
Senate District 20



Kome Asiji  
Executive Director  
Southern California Association of  
Governments



Michael Osur  
Assistant Director  
Riverside University Healthy  
System-Public Health

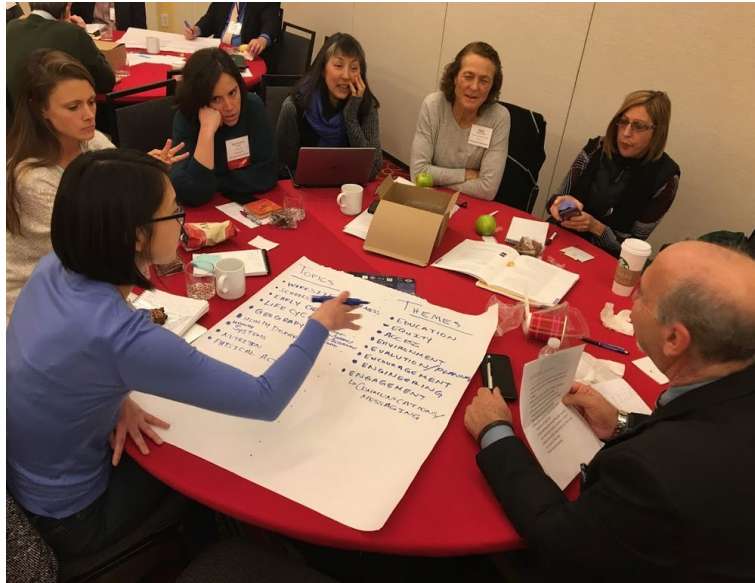


Trudy Raymundo  
Director  
San Bernardino County  
Department of Public Health





Developing  
**THE NATIONAL  
HEALTHY  
COMMUNITIES  
PLATFORM**



A BLUEPRINT FOR THE COVID-19 ERA  
**PHEAL**  
PLANNING FOR HEALTH EQUITY, ADVOCACY & LEADERSHIP

# HCN Collaborations



LOCAL GRANT PROGRAM

Clean|Beautiful|Resilient

**O A S I S**

**\$2 MILLION DOLLARS**

**1 COMMUNITY  
OASIS**

**8 INTERVENTIONS**

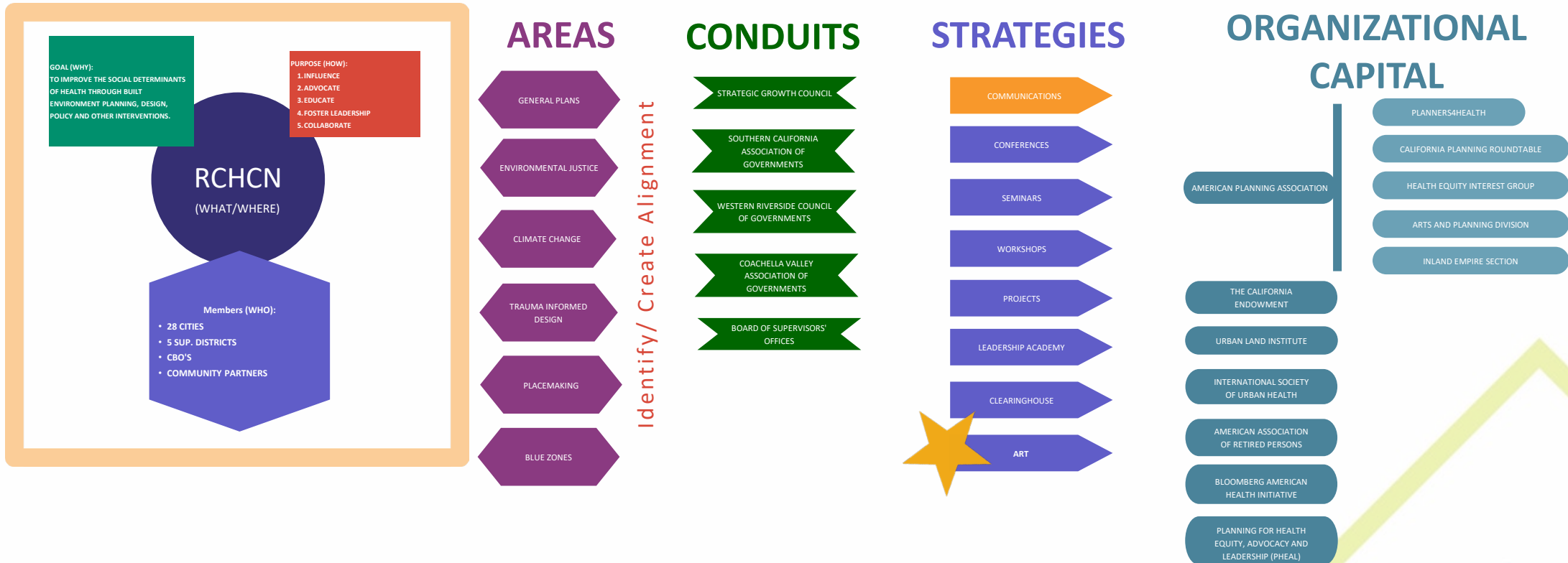
1. Communications Campaign
2. Community Engagement
3. Clean Up Events
4. Tree Planting
5. Shade Structures
6. Public Art
7. Learning Exchanges
8. Education
  - a. Habitat Restoration
  - b. Trauma-Informed Design
  - c. Active Transportation
  - d. Litter Abatement

**9 ORGANIZATIONS**

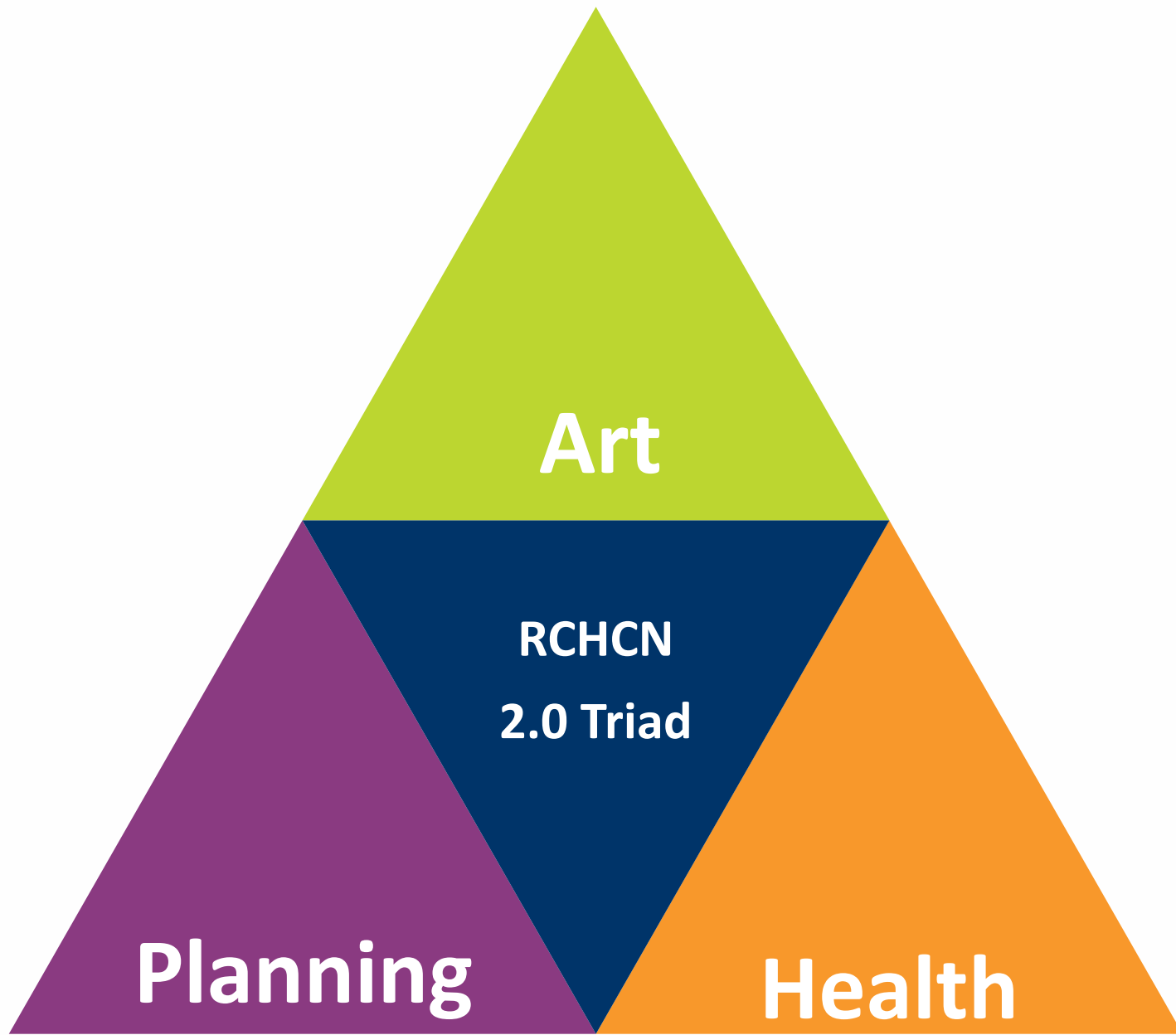
1. Alianza Coachella
2. Kounkuey Design Initiative
3. Lideres Campesinas
4. Raices Cultura
5. RUHS-Public Health
6. Riv. Co. Waste Resources
7. Southern Coachella Valley Community Service District
8. The Living Desert
9. The S.C.R.A.P. Gallery

## 2. Healthy Cities Network 2.0 Vision

# Healthy Cities Network 2.0 Framework



# What if...



### 3. Why arts and culture and why now?

# HOW IT STARTED

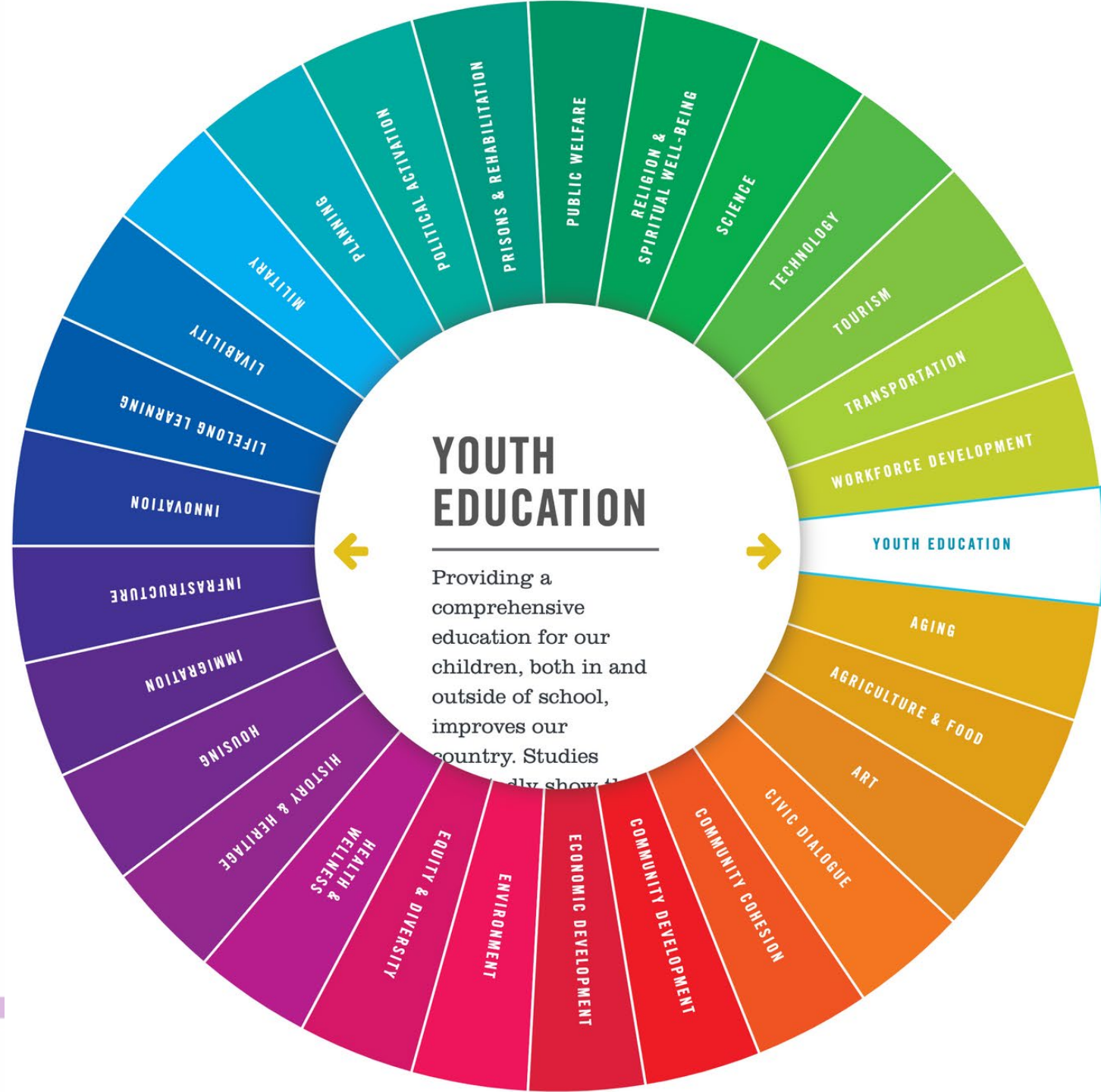




HOW IS  
IT GOING



<p><b>TRANSFORMING AMERICA'S COMMUNITIES THROUGH THE ARTS</b></p>	 <p><b>AMERICANS for the ARTS</b></p>
<p><a href="http://www.AmericansForTheArts.org">www.AmericansForTheArts.org</a></p>	



# Arts + Social Impact Explorer Fact Sheet

HEALTH & WELL-BEING

## ARTS + HEALTH & WELL-BEING

### OVERVIEW

The intersection of the arts and the various fields that constitute the broad category of health and well-being covers everything from supplementing clinical practice, mental and physical health, community health, healthcare environments, and medical training.

As our collective understanding of healing, prevention, and next-generation practices and therapies evolve, it is becoming increasingly clear that arts and culture-based interventions offer promise in new and surprising ways.

The arts benefit patients, their caregivers, and the systems that provide the care—saving money, reducing pain medication needs and the length of hospital stays, strengthening immune levels, decreasing depression, increasing memory and cognitive function, and improving communication and behavioral skills.



## IMPACT POINTS

### 43% BELIEVE THE ARTS HELP

Almost half of frontline clinical staff believe that the arts have a positive effect on healing.<sup>1</sup>

### 50% OF HOSPITALS HAVE ARTS PROGRAMS

More than 50 percent of U.S. hospitals now offer arts programming—and that number is rising.<sup>2</sup>

### \$2.25 BILLION IN PROSPECTIVE SAVINGS

The use of arts can reduce healthcare costs. Tallahassee Memorial HealthCare saved \$567 per procedure by using a musician during the preparation period for pediatric CT scans. The savings for this procedure at the national level could exceed \$2.25 billion.<sup>3</sup>

### 24% IMPROVEMENT IN CLINICAL OUTCOMES

Twenty-four percent of clinical staff say the arts improve clinical outcomes.<sup>4</sup>

### \$56 BILLION SAVINGS

Patients who see nature or art from their hospital beds recuperate almost one day faster and require fewer pain medications. A single hospital day averages \$2,300, and about 25 million people per year stay at least one night in the hospital, which adds up to a potential of \$56 billion in savings per year.<sup>5</sup>

### INCREASED IMMUNITY FOR THOSE BATTLING TERMINAL DISEASES

Creative writing offers physical benefits to those battling terminal diseases. HIV positive patients show a strengthened immune level after just 30 minutes of writing. Similar results were found with asthma, rheumatoid arthritis, and Hepatitis B patients.<sup>6</sup>

# Arts + Social Impact Explorer Fact Sheet

## ARTS + PLANNING

### OVERVIEW

The arts can provide creative tools to help planning and urban design professionals engage with communities affected by their projects. Using storytelling, visual arts, and technology tools, community members can play a significant role in designing safe, beautiful, and useful spaces that reflect community needs and desires.

Collaborative planning toward a common goal helps communities develop a sense of social cohesion. Design processes that engage the community create ownership among residents. There is a significant correlation between how attached people feel to the place they live and GDP growth. And arts districts help retain vernacular culture, helping to arrest the homogenization that makes cities less livable.

All in all, integrating the arts into the planning of our spaces and places can make them more human, more accessible, and more innovative over time.



## IMPACT POINTS

### 20% MORE PARTICIPATION

Research shows that 20 percent of people who engaged in participatory arts felt differently about their rights after participating.<sup>1</sup>

### THE ARTS MAKE PEOPLE MORE AWARE OF THEIR RIGHTS AND THEIR COMMUNITY

A study in the United Kingdom found that 20 percent of people who engaged in participatory arts felt differently about their rights after participating.<sup>2</sup>

### COMMUNITY-ENGAGED DESIGN CREATES INCREASED OWNERSHIP

Arts-based community design processes make people feel more ownership over what happens. When people have a sense of ownership of the places they frequent, their communities become better places to live, work, and visit.<sup>3</sup>

### ARTS AND CULTURE BREAKS DOWN BARRIERS

According to the American Planning Association, integrating arts and culture into planning processes places community identity at the fore, engages participants more fully, and breaks down barriers to communication across demographic and socioeconomic lines.<sup>4</sup>

### ARTS PARTICIPATION UNITES GENERATIONS, REDUCES FEAR, AND EMPOWERS CITIZENS

Arts participation has a positive effect on social cohesion by bringing generations together, encouraging partnerships and intercultural understanding, reducing fear of crime, and fostering organizational skills. People report feeling more in control of their lives and more activated as citizens after participating in an arts and culture event.<sup>5</sup>

### THE ARTS FOSTER PUBLIC-PRIVATE PARTNERSHIPS TO STRENGTHEN INFRASTRUCTURE

In towns of all sizes, city councils and local government agencies often transcend traditional turfs and training specifically to foster arts-driven downtown revitalization.<sup>6</sup>

### ART EMPOWERS COMMUNITIES TO CREATIVELY IMAGINE THEIR INFRASTRUCTURE

Certain forms of public art can empower communities by opening up a dialogue and inviting critical as well as creative imagining to take place.<sup>7</sup>

# Arts + Social Impact Explorer Fact Sheet

## ARTS + EQUITY & DIVERSITY

### IMPACT POINTS

#### 75% REDUCTION IN INCOME DISPARITY

From 2000–2010, more than 75 percent of diverse, low-income, and highly disadvantaged neighborhoods saw reductions in income disparity that directly correlated to the formation of new arts organizations within that community.<sup>1</sup>

#### ARTS ENCOURAGE EMPATHY AND DECREASE DISTRUST

Research has shown that exposure to stories of other cultural experiences, such as through literary fiction, significantly increases empathy and the ability to see another person's point of view.<sup>2</sup>

#### 63% INCREASE IN IMPROVING THEIR COMMUNITY

Following engagement in the arts, 63 percent of participants indicated that they had become more aware of, and more interested in remedying, local challenges.<sup>4</sup>

#### ARTS INCREASE TOLERANCE

The opinions of frequent television-viewers of women and other oppressed groups become more tolerant as the number of characters from such groups increase in each television season.<sup>5</sup>

#### CULTURAL IMMERSION IMPROVES ACADEMIC SUCCESS

Three decades of research confirm that well-implemented immersion in heritage language and culture improves language acquisition, enhances test performance, increases school retention and graduation rates, college entry, and increases parent involvement and cultural pride.<sup>6</sup>

#### ARTS IMPROVE UNDERSTANDING AS IT EMPOWERS

Artistically preserving heritage can help reconcile difficult history, encourage self-expression, and aid family healing in service to community empowerment and change.<sup>7</sup>

### OVERVIEW

The diversity of America is one of its greatest strengths, but social forces often disadvantage women, immigrants, people of color, LGBT people, disabled people, and other oppressed groups. The arts can impact public opinion on these groups and open the door to legislative change that increases equity and inclusion.

Research suggests exposure to arts and media featuring characters or cultures representing these oppressed groups can help reduce and eventually eliminate racist, sexist, heterosexist, ableist, and other negative views. When we read literary fiction, we are more able to understand others' mental states—which is to say, we increase our ability to empathize.

Local arts organizations help to improve economic conditions without displacing residents. More than 75 percent of communities with new local arts organizations have seen reductions in their levels of income disparity. The arts improve intercultural understanding, promote civic dialogue, and create a common ground for celebrating diversity and pursuing equity.

AMERICANS  
for the  
ARTS

# Arts + Social Impact Explorer Fact Sheet

## ARTS + ENVIRONMENT

### IMPACT POINTS

#### ARTS INSPIRE 1,000s TO ACTION

Anecdotal research shows that the use of the arts to illustrate complicated issues related to the environment can inspire thousands of people to take action who would not have otherwise.<sup>1</sup>

#### ARTS INSPIRE CHANGE

The right art amplifies the effect of pro-environmental messaging. Participants who view an underwater photograph with related text about plastic pollution in the ocean are more likely to change their behavior than participants who only viewed the corresponding text.<sup>4</sup>

### OVERVIEW

Environmental issues like climate change, conservation, and sea-level rise are important issues that have grabbed the public attention, but the difficulty in mustering the political will to implement necessary changes continues to hamper environmental efforts. Moreover, the concepts and details behind issues like climate change can make it hard for people to understand or activate.

For decades, artists have been at the forefront, using their work to inspire and educate the public to change their behaviors to be more sustainable, whether through writing, photography, community engagement, performance, or innovative partnerships with scientists and environmental advocates.

The arts have been shown to amplify the uptake of pro-environmental messaging and to improve the clarity and impact of the message. Visually representing complex concepts can help people better understand problem and how they can help. The arts also positively connect and empower people, inspiring advocates and documenting change.

AMERICANS  
for the  
ARTS

#### ARTS MAKE COMPLEX CONCEPTS ACCESSIBLE

Researchers have found that artist-created visualizations of complex scientific concepts not only help the general public better understand, they also help scientists understand the meaning of the data and devise next steps.<sup>2</sup>

#### VISUALS GRASPED 15X FASTER THAN TEXT

The way complex concepts like climate change and sustainability of the environment are presented is crucial in convincing people of the urgency. Using the arts can drastically increase comprehension, as visuals can be processed in as little as 13 milliseconds.<sup>3</sup>

#### IMAGES TURN BYSTANDERS INTO ACTIVISTS

Complex issues like climate change run the risk of disheartening people into inaction with their messaging instead of inspiring them to be part of the movement. Research shows that integrating imagery of energy alternatives and personal actions to mitigate climate damage inspire feelings of success and empowerment in viewers.<sup>5</sup>

NEW YORK TIMES BESTSELLER

# Your Brain on Art

How the Arts  
Transform Us

Susan  
Magsamen  
and Ivy Ross

Susan Magsamen

Founder and Executive Director of the International Arts + Mind Lab  
Center for Applied Neuroaesthetics (IAM Lab) at Johns Hopkins  
University





# INTENTIONAL SPACES SUMMIT 2023

In this collaborative two-day exchange, leaders from the fields of architecture, design, neuroscience, cognitive science, environmental psychology, and technology hosted meaningful conversations about research and design practices from around the world



# SUPERVISOR HILDA L. SOLIS DECLARES ARTS AND HEALTH WEEK, ENCOURAGING THE FURTHER INTEGRATION OF ARTS AND CULTURE INTO HEALTH, WELLBEING, AND RECOVERY

June 04, 2024 | [Announcements](#) | [Equity & Access](#) | [Cross-Sector](#)

Today, in a [motion](#) authored by Supervisor Hilda L. Solis, the Los Angeles County Board of Supervisors unanimously declared the week of June 10, 2024 as Arts and Health Week. There is growing research that demonstrates the arts have a positive impact across physical, mental, and public health. Recognizing that the benefits of the arts are many, and that everyone deserves to have equal access to them, the motion highlights the collaborative efforts of LA Opera, the LA County Department of Arts and Culture, and County health departments already underway, and encourages continued growth of this work and the County's strategies and services at the intersection of arts and health.

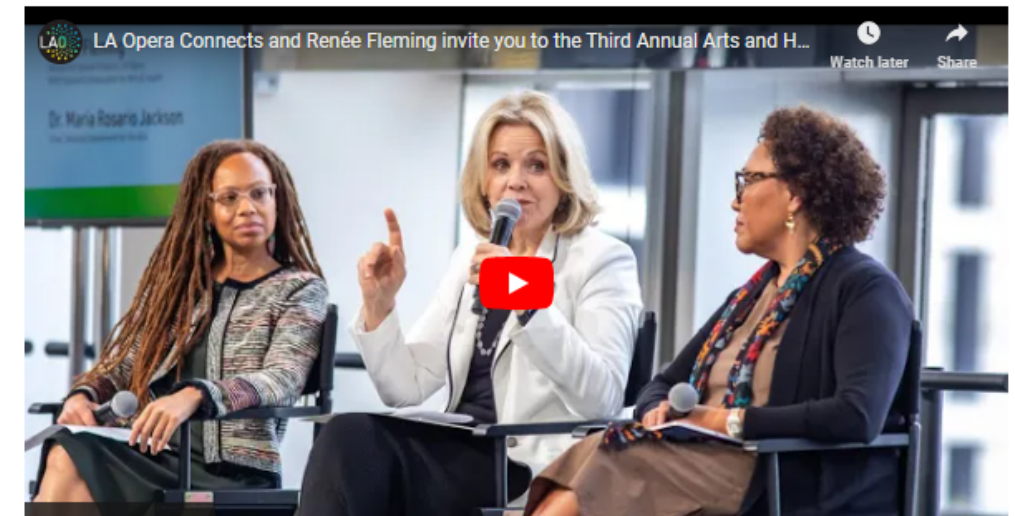
The motion asserts the importance that the arts, when implemented into service through cross-sector collaboration, are integral to equity and to healthy communities across aspects of civic life, from education, youth development, justice reform and prevention, health, infrastructure, aging, and more. It also highlights that the arts can have a positive influence across social determinants of health, which are the conditions in the environments where people live, work, and play, to promote health equity for all. The five social determinants of health domains include economic stability, education access and quality, health care access and quality, neighborhood and built environment, and social and community context.

The recognition of the role of the arts in health continues to grow, yet there is still more work to do to capitalize on this momentum and further integrate arts and culture into our health, civic, and community infrastructure. We must ensure everyone has access to the arts, continue to utilize the arts in cross-sector strategies, and increase awareness of the power of arts for health. These cross-sector efforts also actualize the

## ARTS AND HEALTH WEEK SUMMIT

Hosted by LA Opera in collaboration with LA County Supervisor Hilda L. Solis, First District; Los Angeles County Department of Arts and Culture; and Healing Arts—an initiative of the Jameel Arts & Health Lab—and the World Health Organization, this unique summit offers conversations and participatory experiences, and promotes creative ways to approach wellness.

Thought leaders including arts practitioners, medical experts and administrators, policymakers and researchers will gather at the Dorothy Chandler Pavilion for discussions and presentations exploring how the arts can increasingly, and equitably, support health and wellbeing. The event features Special Projects Advisor for LA Opera, WHO Goodwill Ambassador for Arts and Health and acclaimed soprano Renée Fleming, among other notable advocates for the arts in healthcare.



EVENT MARCH 10, 2023 MARC STERN CENTER FOR THE ARTS

LAOPERA Connects

LAO

LAOPERA Connects

LAO

LAOPERA Connects

LAO

LAOPERA Connects

LAO

LAOPERA Connects  
 HILDA L. SOLIS  
 Arts & Culture  
 Jameel Arts & Health Lab

**Advancing Arts and Health:  
 LA County in Conversation**

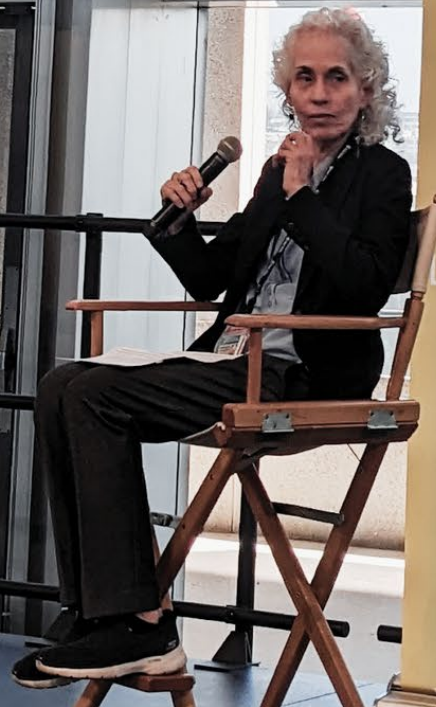
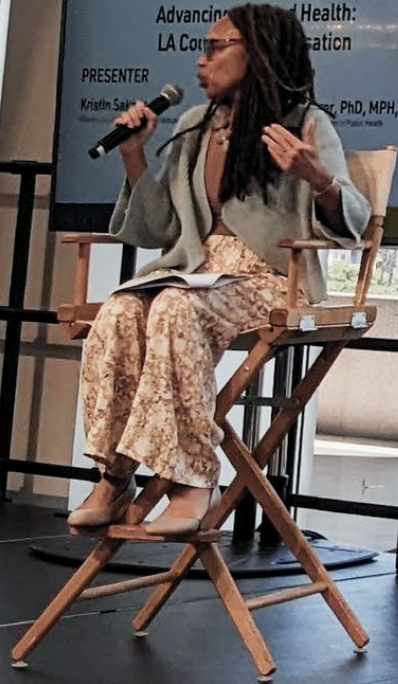
PRESENTER  
 Kristin Sakoda, PhD, MPH, MEd  
 Director, LA County Department of Arts and Culture

LAOPERA Connects  
 HILDA L. SOLIS  
 Arts & Culture  
 Jameel Arts & Health Lab

**Advancing Arts and Health:  
 LA County in Conversation**

PRESENTER  
 Kristin Sakoda  
 Director, LA County Department of Arts and Culture

SPEAKER  
 Barbara Ferrer, PhD, MPH, MEd  
 Director, LA County Department of Public Health





## Arts Work Across Social Determinants of Health

Social determinants of health are the conditions in the environments where people live, work, and play.

### 5 Domains:

- Economic stability
- Education access and quality
- Health care access and quality
- Neighborhood, built environment
- Social and community contexts



## How We Advance Arts and Health

### Civic Art:

- Commission Art for Health and Wellbeing Facilities
- Engage Community and Heal Civic Trauma

### Arts Education and Youth Development:

- Healing Arts Engagement and Creative Wellbeing
- Arts for All Students In School, Community, Institutions
- Priority for Systems-Impacted Youth

### Grant Making:

- Support to Organizations Providing Arts in Community
- Promote Arts, Health, Impact, Access

### Cross-Sector Arts:

- Creative Strategist Artists in County Departments

### Convening and Building Networks:

- Arts and Health Summit, Professional Development





ONTARIO  
MUSEUM  
OF HISTORY & ART

Ontario Museum of Art &  
History - The Art of Healing:  
Holistic Expressions  
exhibition explores the  
connection between the  
healing process and artistic  
practices



Flora Kao, Sacred Grove, 2024, Bamboo and salvaged silk.

The Art of  
Healing

FLORA KAO

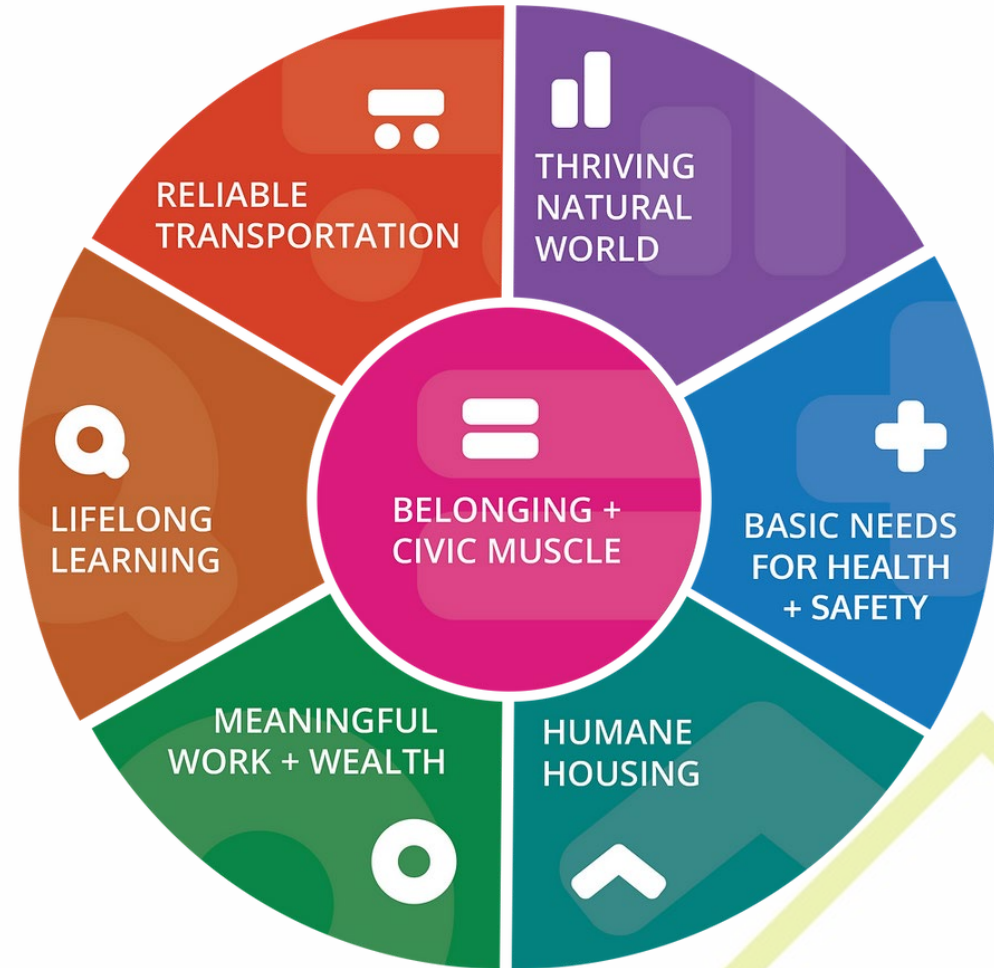
COMMUNITY RECEPTION  
06.30.24 | 2 PM - 4 PM

FREE ADMISSION

JUNE 27, 2024 - OCTOBER 20, 2024



IECF adopted the 7 Vital Conditions Health and Wellbeing as its framework for future work, and other nonprofits in the region have also committed to the framework





Creative Corps Inland Social - A one-time bicounty \$4.7 million state regrating program that puts artists and culture bearers to work on 4 critical issues in the communities in the lowest percentile of the Healthy Places Index (HPI)

## Unexpected Expectations of Men-O-Pause!

Adeola Davies-Aiyeloja

Menopause was abrupt due to a hysterectomy at age 55 after years of painful periods and terrible perimenopausal symptoms. So when I finally was done with all of that, it was a huge relief!

**Men have no idea what we go through!**

**Thanks** for bring awareness to this. ~ Sharon

<https://www.adeolastudio.org/unexpected-expectation-of-menopause.html>

# IE 2030



## Vision & Roadmap

IE 2030 - A bicounty co-developed roadmap with solutions, strategies, and commitments for the bicounty region that addresses major issues affecting our communities, including health and public safety, affordable housing, reliable transportation, lifelong learning, and a thriving natural world

2. **Community Well-being and Resilience:** Policies and programs that leverage the power of arts and culture to promote community well-being and resilience. This may include initiatives to address issues such as mental health, social isolation, and community cohesion, as well as strategies to build capacity for community-led cultural initiatives.

**a. Proposed Solutions from Community (Solution Details in Appendix)**

- i. Creative Workforce Development Fund*
- ii. Inland Empire Arts and Culture Investment Fund*
- iii. Arts and Culture Commissions, Cultural Districts, and Cultural Planning in Every City*
- iv. Artist in Residence and Artist Live-Work Space in Every City*
- v. Movement for Mental Health*
- vi. The Inland Empire Creative STEAM Initiative (1)*
- vii. Local Senior Storytelling Program (1)*

iv. Foster productive partnerships between arts and cultural institutions and health care providers and identify funders to promote arts and culture

36

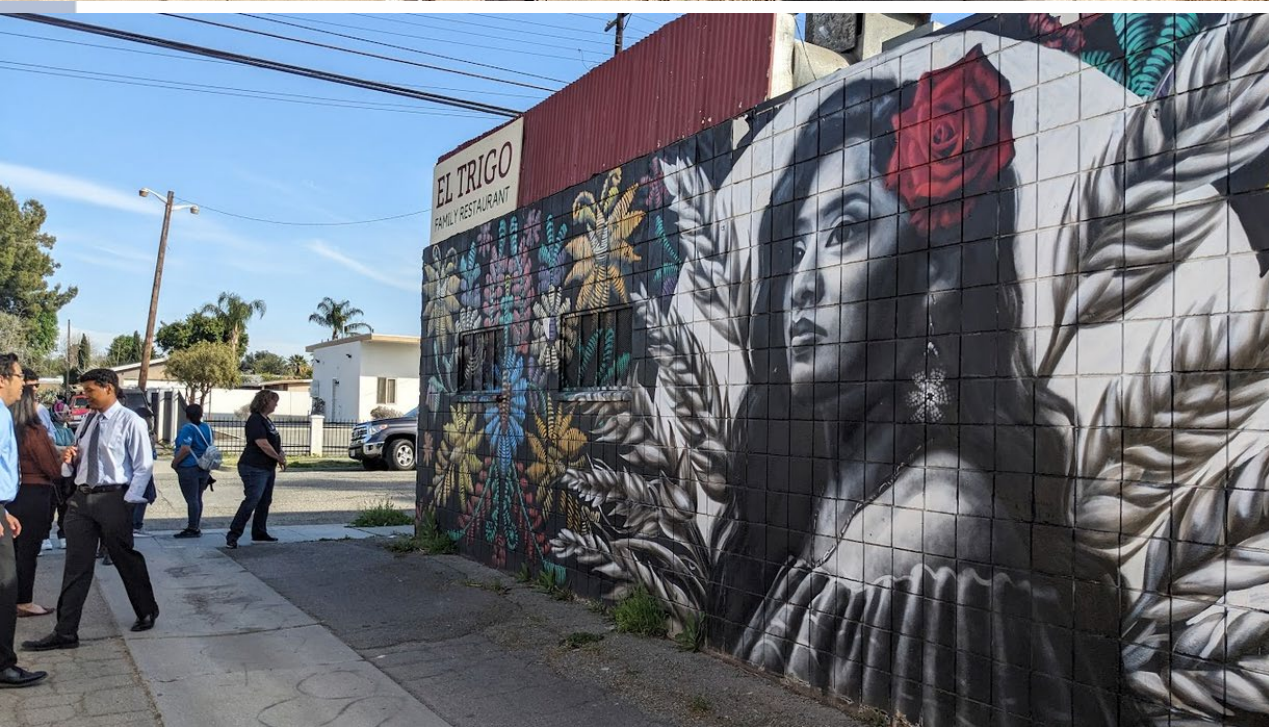
IE 2030



Vision & Roadmap

health and wellness through creative expression and community engagement.

- v. Joint initiatives between local government agencies, community-based organizations, and arts and cultural institutions to support neighborhood revitalization efforts through public art projects, cultural programming, and community events.





## 4. Call to action



- **Identify opportunities to integrate artists and culture bearers into existing programs and initiatives**
- **Cultivate countywide partnerships that center art and culture at the heart of health and well-being**
- **Work collaboratively across sector to address the social determinants of health**
- **Share art and culture case studies and best practices as they pertain to health**

## Inputs

### 1. Resources and Funding

- Government grants
- Private sector investments
- Philanthropic donations
- Community fundraising

### 2. Stakeholders and Partnerships

- City planners
- Public health officials
- Artists and cultural organizations
- Community leaders and residents
- Academic institutions
- Non-profit organizations

### 3. Human Resources

- Urban planners
- Public health professionals
- Artists and cultural practitioners
- Project managers and coordinators
- Volunteers

### 4. Materials and Infrastructure

- Planning and design tools
- Art supplies and cultural artifacts
- Health and safety equipment
- Venues and spaces for activities

### 5. Data and Research

- Community health assessments
- Urban development plans
- Cultural asset mapping
- Environmental impact studies

## Activities

### 1. Planning and Coordination

- Establishing an interdisciplinary steering committee
- Conducting community needs assessments and surveys
- Developing a comprehensive program plan integrating urban planning, public health, and arts

### 2. Community Engagement

- Organizing public forums and workshops
- Facilitating focus groups with diverse community members
- Creating platforms for feedback and continuous dialogue

### 3. Program Implementation

- Designing and developing public spaces with integrated artistic and cultural elements
- Launching health and wellness campaigns in collaboration with cultural events
- Implementing urban greening projects to improve environmental health

### 4. Educational and Cultural Initiatives

- Hosting art exhibitions and cultural performances in public spaces
- Conducting workshops and seminars on health, wellness, and urban living
- Creating public art projects that reflect community health and wellness themes

### 5. Monitoring and Evaluation

- Tracking progress and outcomes through surveys and data collection
- Analyzing the impact on community health, urban aesthetics, and cultural engagement
- Adjusting strategies based on feedback and evaluation results

## Outputs

### Immediate

- Number of public forums and workshops held
- Number of community members engaged
- Art and cultural installations created
- Health campaigns launched

### Tangible

- Improved public spaces with integrated cultural elements
- Increased access to health and wellness resources
- Publications and reports on program activities and outcomes

## Outcomes

### Short-term

- Increased community awareness of public health issues
- Enhanced cultural vibrancy and community pride
- Improved collaboration between urban planners, public health officials, and artists

### Intermediate

- Improved physical and mental health among residents
- Greater utilization of public spaces for cultural and health-related activities
- Strengthened social cohesion and community resilience

### Long-term

- Sustainable integration of arts and culture into urban planning and public health strategies
- Long-lasting improvements in community health and wellbeing
- Enhanced quality of life and attractiveness of urban areas

## Impact

- Community Transformation
- Healthier, more vibrant, and culturally rich urban environments
- Equitable access to health, cultural, and recreational opportunities for all residents
- Model for other cities to integrate urban planning, public health, and arts and culture

# Thank you!

**Contact:**

**Miguel A. Vazquez**

**[mvazquez@ruhealth.org](mailto:mvazquez@ruhealth.org)**

**(951) 830-8101**

# Q & A

***PREGUNTAS Y RESPUESTAS***

# Kindly take our survey

*Por favor responda a nuestra encuesta*

Your feedback will help us advance health equity in  
Riverside County, together!

¡Sus comentarios nos ayudarán a promover la equidad en salud en el condado de  
Riverside, juntos!

**English & Español**



The survey link is also in the chat.

*El enlace de la encuesta también está en el chat.*

# Activity

*Actividad*

# Walkability Score

The screenshot shows the Walk Score website interface. At the top, there are navigation links: "e" logo, "Get Scores", "My Favorites", "Add to Your Site", and "Log in". Below this is a search bar with the placeholder text "Address, neighborhood or city" and a "Go" button. To the right of the search bar is a "Share" button. The main content area is titled "92501 Riverside". On the left is a map showing the neighborhood with several blue house icons representing rental properties. On the right, a blue callout box displays the "Walk Score 52". Below the score, text states: "92501 is the most walkable zip code in Riverside with 20,517 residents." and "Nearby ZIP codes: 92506 and 92505." There is an orange button labeled "Nearby Apartments".

Email us at [RivCoHealthEquity@ruhealth.org](mailto:RivCoHealthEquity@ruhealth.org),  
**Subject line: "July RCHC Meeting – Walkability Score"**  
with:

- A screenshot of your neighborhood walkability score
  - Go to <https://www.walkscore.com/score/>
- 1 new thing you learned about your neighborhood's walkability.



***\*Disclaimer: County employees and interns are not eligible to receive monetary incentives.***

**The first 6 people (virtual or in-person) will win a \$25 gift card!**

# PARTNER UPDATES

*ACTUALIZACIONES DE SOCIOS*



# Updates

*ACTUALIZACIONES*

[RivCoHealthEquity@ruhealth.org](mailto:RivCoHealthEquity@ruhealth.org)



**FREE**  
**Training Opportunity !**  
**for Riverside County Nonprofits •**

Hosted by Inland SoCal United Way  
in partnership with Riverside University Health System - Public Health

**RIVERSIDE COUNTY  
NONPROFIT ACADEMY**

Academy training is designed to help ensure that nonprofits of all sizes are prepared to apply for, receive, and manage Riverside County and other grant funding. Training will cover the fundamentals of the grant process, including grant seeking, grant management, fiscal management, budgeting, and reporting.

3 virtual course options are available. Sessions are from 10 AM - 12 PM. Select ONE option to complete the course:

1. MAY 21 & 23 *or*
2. JUN 25 & 27 *or*
3. JUL 23 & 25

To register, visit  
<https://bit.ly/rcnpa>  
or scan the QR code



Free 1:1 technical assistance will be available by appointment after completion of the Nonprofit Academy.



**Join the Non-Profit  
Academy!**



# EQUITEA

RIVCO PUBLIC HEALTH PODCAST



@EquityInRivco



## Links in Chat

*Enlaces en el Chat*

# Stay in touch



[https://www.ruhealth.org/  
health-equity-program](https://www.ruhealth.org/health-equity-program)



[rivcohealthequity@ruhealth.org](mailto:rivcohealthequity@ruhealth.org)



[@equityinrivco](#) | EquiTEA Podcast

# Podcast Highlight!



The Riverside County Health Coalition's webpage has been updated and is live! Scan the QR code below to visit our page!



[www.ruhealth.org/riverside-county-health-coalition](http://www.ruhealth.org/riverside-county-health-coalition)

The screenshot shows the top portion of the website. On the left is the Riverside University Health System logo. The navigation menu includes: RUHS, NEWS, LOCATIONS, APPOINTMENTS, RESOURCES, SERVICES, CAREERS, and a search bar. On the right, there are links for 'Find Your Way', 'MyRUHealth Patient Portal', 'Giving', and 'Find us on social'. A 'SELECT LANGUAGE' dropdown is also present. Below the navigation is a large banner with the coalition's logo and mission statement in both English and Spanish. To the right of the banner is a grid of six icons with labels: 'About Us', 'Riverside County Health Coalition', 'EquiTEA Podcast', 'Strategic Health Alliance Pursuing Equity (SHAPE)', 'Community COVID-19 Impact Hub', and 'Equity and Justice Taskforce'.

## Riverside County Health Coalition Coalición de Salud del Condado de Riverside

The Riverside County Health Coalition meets quarterly to provide an inclusive forum to share knowledge, experience; collaborate and network with agency partners, schools, and organizations. The coalition aims to gather, support, and mobilize partners from multiple domains; provide leadership and vision; and coordinate county-wide efforts in the promotion of healthier living throughout our County.

La Coalición de Salud del Condado de Riverside se reúne trimestralmente para proporcionar un foro inclusivo para compartir conocimientos y experiencias; colaborar y establecer contactos con agencias asociadas, escuelas y organizaciones. La coalición tiene como objetivo reunir, apoyar y movilizar socios de múltiples ámbitos; proporcionar liderazgo y visión; y coordinar los esfuerzos de todo el condado para promover una vida más saludable en todo nuestro condado.

Questions? Contact us here/ ¿Preguntas? Póngase en contacto con nosotros aquí: [RivCoHealthEquity@ruhealth.org](mailto:RivCoHealthEquity@ruhealth.org)

[Add me to your Mailing list](#)

The screenshot shows a video player with a title 'Riverside County Health Coalition 2024 - Highlight'. Below the title is the logo for 'RUHS - Public Health HEALTH COALITION'. The video content shows a man, Devin Quinn, speaking. Below the video are three questions: 'What is your organizations mission?', 'What is Health Equity?', and 'What are your thoughts on the Health Coalition?'. At the bottom left is the 'Health Equity' logo and at the bottom right is the 'EQUITEA' logo.

# Share Your Thoughts

## *Comparta sus Ideas*

Kindly take our survey. Your feedback will help us advance health equity in Riverside County, together!

Por favor responda a nuestra encuesta ¡Sus comentarios nos ayudarán a promover la equidad en salud en el condado de Riverside, juntos!

**English & Español**



The survey link is also in the chat.

*El enlace de la encuesta también está en el chat.*



RIVERSIDE COUNTY  
**HEALTH  
COALITION**

Please pass this invitation along to your partner networks as we welcome their participation!

Community resources and events shared by the coalition can be found on our **LINKTREE**

## 2024 General Membership Meeting Schedule:

**TIME:**  
10 a.m. - 12 p.m.

**LOCATION:** Hybrid  
In Person or Online

[REGISTRATION INFORMATION](#)

**Wednesday, January 17, 2024**  
**Wednesday, April 17, 2024**  
**Wednesday, July 17, 2024**  
**Wednesday, October 16, 2024**

### The Riverside County Health Coalition Mission

The Riverside County Health Coalition is a public and private partnership whose mission is to promote, improve, and sustain social and physical environments for health and wellness through policy development and advocacy, environmental change, and community empowerment in Riverside County.

To fulfill its mission, the Riverside County Health Coalition meets quarterly every year to provide an excellent forum to share knowledge and experience; collaborate and network with other agency partners, schools, and organizations. The coalition aims to gather, support, and mobilize partners from multiple domains; provide leadership and vision; and coordinate county-wide efforts in the promotion of healthier living throughout our County.

@equityinrivco  
**FOLLOW US ON SOCIALS**



#### Questions?

Email the Health Equity Team

✉ [RivCoHealthEquity@ruhealth.org](mailto:RivCoHealthEquity@ruhealth.org)



RIVERSIDE COUNTY  
**HEALTH  
COALITION**

¡Por favor, pase esta invitación a sus redes de socios para invitarlos a participar!

Recursos y eventos comunitarios compartidos por la coalición: **LINKTREE**

## Calendario de juntas de membresía general del 2024:

**HORARIO:**  
10 a.m. - 12 p.m.

**UBICACIÓN:** híbridas  
En persona o en línea

[INFORMACIÓN DE REGISTRO](#)

**Miércoles, 17 de enero, 2024**  
**Miércoles, 17 de abril, 2024**  
**Miércoles, 17 de julio, 2024**  
**Miércoles, 16 de octubre, 2024**

### La misión de la Coalición de Salud del Condado de Riverside

La Coalición de Salud del Condado de Riverside es una asociación pública y privada cuya misión es promover, mejorar y mantener entornos sociales y físicos para la salud y el bienestar a través del desarrollo y la defensa de políticas, el cambio ambiental y el empoderamiento de la comunidad en el Condado de Riverside.

Para cumplir con su misión, la Coalición de Salud del Condado de Riverside se reúne trimestralmente cada año para proporcionar un excelente foro para compartir conocimientos y experiencias; colaborar y establecer contactos con otros socios de agencias, escuelas y organizaciones. La coalición tiene como objetivo reunir, apoyar y movilizar socios de múltiples dominios; proporcionar liderazgo y visión; y coordinar los esfuerzos de todo el condado en la promoción de una vida más saludable en todo nuestro Condado.

@equityinrivco  
**SÍGUENOS EN LOS REDES SOCIALES**



#### ¿Preguntas?

Envíe un correo electrónico al  
Equipo de Equidad en Salud

✉ [RivCoHealthEquity@ruhealth.org](mailto:RivCoHealthEquity@ruhealth.org)



RIVERSIDE COUNTY  
**HEALTH  
COALITION**

## **Riverside County, Health Equity Program**

**RUHS – Public Health, Epidemiology & Program Evaluation**

**Programa de Equidad en Salud  
Epidemiología y Evaluación de Programas**

[RivCoHealthEquity@ruhealth.org](mailto:RivCoHealthEquity@ruhealth.org)





Next meeting:

Wednesday, October 16<sup>th</sup>, 2024

The meeting will take place virtually and in person.

Próxima reunión:

miércoles, 16 de octubre de 2024

La reunión se llevará a cabo de manera virtual y presencial.