



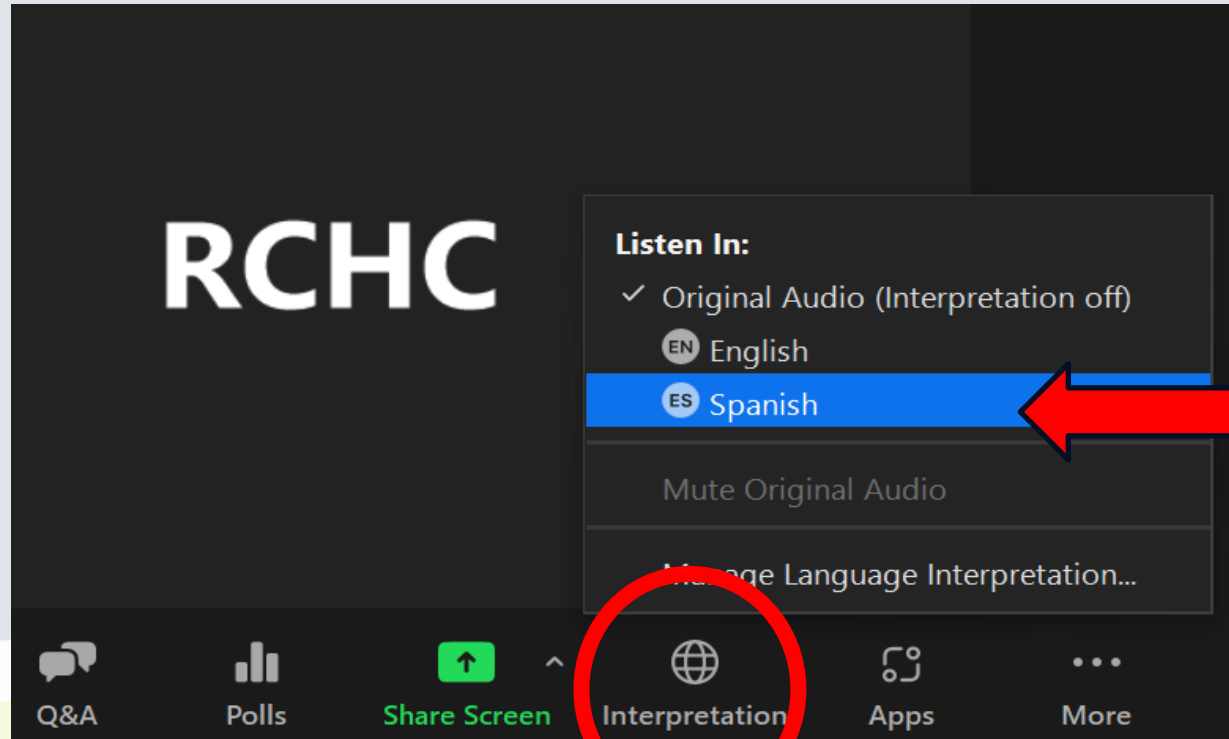
RIVERSIDE
COUNTY HEALTH
COALITION

*A Conversation About Solidarity and Belonging:
Addressing LGBTQIA+ Health Disparities and Moving
Beyond Allyship*

*Una Conversación Sobre Solidaridad y Pertenencia:
Abordar las Disparidades de la Salud LGBTQIA+ y
Avanzar Más Allá de la Alianza*

**Welcome! We will begin
momentarily.
¡Bienvenidos! Comenzaremos en
un momento.**

July 19th, 2023



*Para audio en español, haga clic en el la
opción de "Interpretation." Luego hará
clic en la opción de "Spanish".*



RIVERSIDE
COUNTYHEALTH
COALITION

A Conversation About Solidarity and Belonging: Addressing LGBTQIA+ Health Disparities and Moving Beyond Allyship

*Una Conversación Sobre Solidaridad y Pertenencia:
Abordar las Disparidades de la Salud LGBTQIA+ y Avanzar Más Allá de la Alianza*

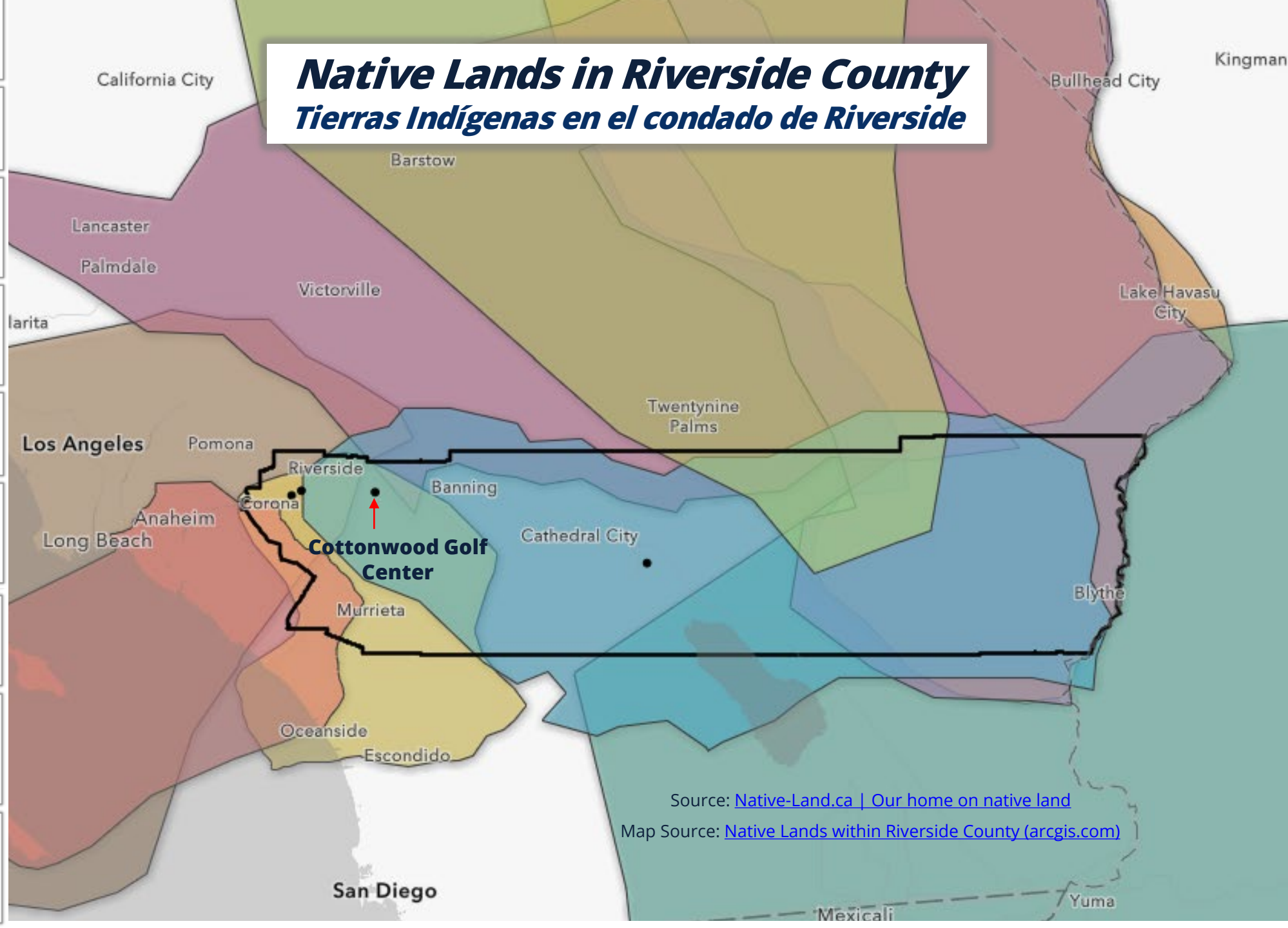
**Welcome and
Acknowledgements!**

¡Bienvenida y Reconocimientos!

Native Lands in Riverside County

Tierras Indígenas en el condado de Riverside

- Acjachemen (Juaneño)
- Cahuilla
- Neuwe (Western Shoshone)
- Nuwuvi (Southern Paiute)
- Nūwūwū (Chemehuevi)
- Payómkawichum (Luiseño)
- Tongva (Gabrieleno)
- Xawill kwñchawaay (Cocopah)
- Yuhaviatam/Maarenga'y am (Serrano)



Source: Native-Land.ca | Our home on native land

Map Source: [Native Lands within Riverside County \(arcgis.com\)](http://Native Lands within Riverside County (arcgis.com))

HOUSEKEEPING / ASUNTOS



In-Person

- Please sign in at the greeter's table
- Restrooms located in the hallway
- Staff will monitor throughout the meeting
- We have closed captioning services in English & Spanish and an ASL Interpreter.
 - Information provided as QR code below
- Slides and a recording of this event will be shared after the meeting.



English Stream Text



En persona:

- Regístrese en la mesa de bienvenida
- Baños ubicados en el pasillo.
- El personal supervisará durante toda la reunión.
- Contamos con servicios de subtítulos en inglés y español y un intérprete de ASL.
 - Información proporcionada como código QR a continuación
- Las diapositivas y una grabación de este evento se compartirán después de la reunión.

Español Stream Text



HOUSEKEEPING / ASUNTOS



Virtual:

- Please enter your name, pronouns, and affiliation in your profile name.
- Staff will monitor throughout the meeting
- All participants are muted upon entry.
- Please submit any questions through the Q&A box
- We have closed captioning services in English & Spanish and an ASL Interpreter.
 - Information provided in the chat



Virtual:

- Por favor ingrese su nombre, pronombres, y afiliación en su nombre de perfil.
- El personal supervisará durante toda la reunión.
- Todos los participantes son silenciados al entrar.
- Envíe cualquier pregunta a través del cuadro de preguntas y respuestas.
- Contamos con servicios de subtítulos en inglés y español y un intérprete de ASL.
 - Información proporcionada en el chat.

AGENDA

RUHS – Public Health Presentation

Setting the Stage: LGBTQ+ Health Equity and Social Determinants of Health

Aaron Gardner (he/him), RUHS-Public Health, Senior Epidemiologist

Q&A

Break

Panel Discussion

Facilitator:

- Kevin Phalavisay (they/them), RUHS-Behavioral Health, LGBTQ+ Cultural Community Liaison

Panelists:

- Dr. Jill Hingston, LMFT (she/her/hers), The Center, Health Psychologist
- Ariel Savage (she/her/hers), TruEvolution and IE LGBTQ Center, Public Affairs Manager
- Mackenzie Lussier (she/her/hers), Transgender Health & Wellness Center, Case Manager
- Gustavo Hurtado (she/they/any), Rainbow Pride Youth Alliance, Director of Strategic Partnerships

Q&A

Partner Updates

Health Equity Program Updates/Wrap-Up

RUHS – Presentación de Salud Pública

Preparando el Escenario:

Equidad en la Salud LGBTQ+ y los Determinantes Sociales de la Salud

Aaron Gardner (Él), RUHS-Public Health, Epidemiólogo

Preguntas y Respuestas

Descanso

Mesa Redonda

Facilitador:

- Kevin Phalavisay (ellos/ellas), RUHS-Behavioral Health, LGBTQ+ Cultural Community Liaison

Panelistas:

- Dr. Jill Hingston, LMFT (ella), The Center, Health Psychologist
- Ariel Savage (ella), TruEvolution and IE LGBTQ Center, Public Affairs Manager
- Mackenzie Lussier (ella), Transgender Health & Wellness Center, Case Manager
- Gustavo Hurtado (Ella/Ellos/Cualquiera), Rainbow Pride Youth Alliance, Director of Strategic Partnerships

Preguntas y Respuestas

Actualizaciones de los Socios

Actualizaciones del Programa de Equidad en Salud / Conclusión

INTRODUCTORY POLL ICEBREAKER

ENCUESTA INTRODUCTORIA

What sector does your organization represent?

¿Qué sector representa su organización?

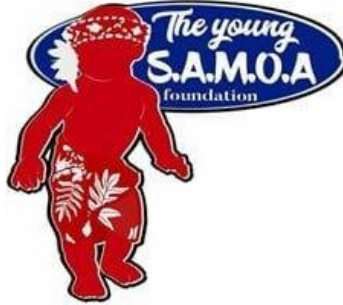
- Community Members/ Students
- Community-Based Organizations / Faith-Based Organizations
- Education / Academia
- Government
- Healthcare / Public Health
- Housing/ Planning
- Law Enforcement / First Responder
- Native / Tribal Community
- Social Services / Mental Health
- Other
- Miembros de la comunidad/Estudiantes
- Organizaciones basadas en la comunidad / Organizaciones basadas en la fe
- Educación / Academia
- Gobierno
- Cuidado de Salud / Salud Pública
- Vivienda/ Planificación
- Aplicación de la ley/ Primeros Auxilios
- Comunidad Nativa / Tribal
- Servicios Sociales / Salud Mental
- Otro

Who is here? ¿Quién está aquí?





30 YEARS OF BUILDING FOR GOOD



WORLD BE WELL, INC.



Building Bridges for Special Needs-CV





RIVERSIDE COUNTY HEALTH COALITION

Mission:

to Promote, Improve, and Sustain

social and physical environments for health and wellness in Riverside County!

¡Una coalición hecha para

Promover, Mejorar y Mantener

entornos sociales y físicos para la salud y el bienestar en el condado de Riverside!

Why are we here?

¿Por qué estamos aquí?



- Expansion of partnerships
- Shared resources
- Highlighting innovative practices
- Community empowerment



- Expansión de asociaciones
- Recursos compartidos
- Destacando prácticas innovadoras
- Empoderamiento de la comunidad



RIVERSIDE COUNTY HEALTH COALITION

Please pass this invitation along to your partner networks as we welcome their participation!

Community resources and events shared by the coalition can be found on our [LINKTREE](#)

2023 General Membership Meeting Schedule:

TIME:
10 a.m. - 12 p.m.

LOCATION: Hybrid
In Person or Online

[REGISTRATION INFORMATION](#)

Wednesday January 18, 2023

Wednesday April 19, 2023

Wednesday July 19, 2023

Wednesday October 18, 2023

The Riverside County Health Coalition Mission

The Riverside County Health Coalition is a public and private partnership whose mission is to promote, improve, and sustain social and physical environments for health and wellness through policy development and advocacy, environmental change, and community empowerment in Riverside County.

To fulfill its mission, the Riverside County Health Coalition meets quarterly every year to provide an excellent forum to share knowledge and experience; collaborate and network with other agency partners, schools, and organizations. The coalition aims to gather, support, and mobilize partners from multiple domains; provide leadership and vision; and coordinate county-wide efforts in the promotion of healthier living throughout our County.

@equityinrivco
FOLLOW US ON SOCIALS



Questions?

Email the Health Equity Team

✉ RivCoHealthEquity@ruhealth.org

RIVERSIDE COUNTY HEALTH COALITION

¡Por favor, pase esta invitación a sus redes de socios para invitarlos a participar!

Recursos y eventos comunitarios compartidos por la coalición:
[LINKTREE](#)

Calendario de juntas de membresía general del 2023:

HORARIO:
10 a.m. - 12 p.m.

UBICACIÓN: híbridas
En persona o en línea

[INFORMACIÓN DE REGISTRO](#)

Miércoles 18 de enero, 2023

Miércoles 19 de abril, 2023

Miércoles 19 de julio, 2023

Miércoles 18 de octubre, 2023

La misión de la coalición de salud del condado de Riverside

La Coalición de Salud del Condado de Riverside es una asociación pública y privada cuya misión es promover, mejorar y mantener entornos sociales y físicos para la salud y el bienestar a través del desarrollo y la defensa de políticas, el cambio ambiental y el empoderamiento de la comunidad en el Condado de Riverside.

Para cumplir con su misión, la Coalición de Salud del Condado de Riverside se reúne trimestralmente cada año para proporcionar un excelente foro para compartir conocimientos y experiencias; colaborar y establecer contactos con otros socios de agencias, escuelas y organizaciones. La coalición tiene como objetivo reunir, apoyar y movilizar socios de múltiples dominios; proporcionar liderazgo y visión; y coordinar los esfuerzos de todo el condado en la promoción de una vida más saludable en todo nuestro Condado.

@equityinrivco
SÍGUENOS EN LOS REDES SOCIALES



¿Preguntas?

Envíe un correo electrónico al
Equipo de Equidad en Salud

✉ RivCoHealthEquity@ruhealth.org

Aaron Gardner MA, MPH, CPH

Presentation: *Setting the Stage: LGBTQ+ Health Equity and Social Determinants of Health*

Aaron Gardner is an epidemiologist with over 25 years of social science and epidemiological research experience, including 18 years investigating infectious and chronic disease in Riverside County with the Riverside University Health System – Public Health. He completed his Master of Arts in Anthropology from the University of California, Riverside, and his Master of Public Health in Biostatistics and Epidemiology from the University of Southern California, Keck School of Medicine. For most of his career, Aaron's focus has been health equity and social justice issues with particular attention to LGBTQ+ health data. Aaron is a current appointee to the California Department of Public Health, Office of Health Equity's Advisory Committee.

Aaron Gardner es un epidemiólogo con más de 25 años de experiencia en ciencias sociales e investigación epidemiológica, esto incluye 18 años investigando enfermedades infecciosas y crónicas en el condado de Riverside con el Departamento de Salud Pública. Completó su Maestría en Antropología de la Universidad de California, Riverside, y su Maestría en Salud Pública en Bioestadística y Epidemiología de la Universidad del Sur de California, Escuela de Medicina Keck. Durante la mayor parte de su carrera, el enfoque de Aaron ha sido la equidad en salud y los problemas de justicia social, con especial atención a los datos de salud LGBTQ+. Aaron es un miembro actual del Comité Asesor de la Oficina de Equidad en Salud del Departamento de Salud Pública de California



Pronouns: (He/Him)



Setting the stage: LGBTQ+ Health Equity and Social Determinants of Health

Presented by: Aaron T. Gardner, MA, MPH, CPH
Epidemiology & Program Evaluation
Riverside University Health System – Public Health
2023

Introduction



Who am I?

What are we doing here?

What's going on?

What's this guy going to talk about?

“While many minority groups are the target for prejudice... and discrimination... in our society, few persons face this hostility without the support and acceptance of their family as do many gay, lesbian, bisexual, and transgender youth.”

Virginia Uribe and Karen Harbeck

Our LGBTQ+ Community



- What do the initials **LGBTQ+** stand for?
- What does gender identity mean?
- What is the difference between...
sexual orientation and
gender identity?

Who are L, G, B, T, Q people?

LGBT Communities include people who are:

- From all **racial/ethnic groups**
- From all **religions and spiritual traditions**
- From all **geographic regions**
- Across the **entire lifespan**
- Of all **abilities**
- Across the entire **political spectrum**
- From all levels of **health and illness**

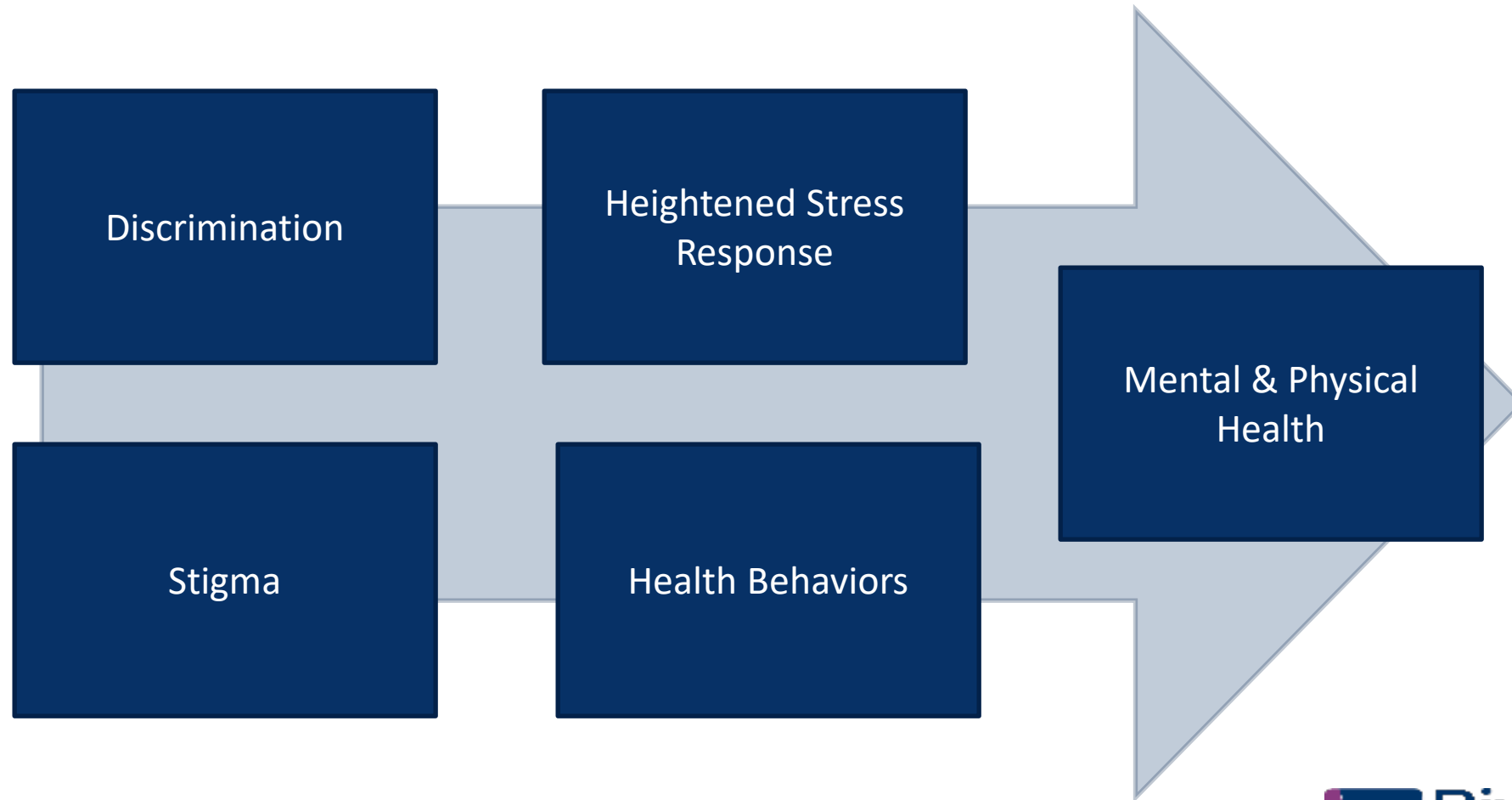


Minority Stress Model



- **Heaped on top of typical stressors of living and coping in the world**
 - All LGBT belong to at least one other culture
 - All other cultures/groups include some LGBT
- **Chronic**, persistent and in many cases, lifelong
- **Arises from multiple social and cultural structures** and processes rather than from individual risk factors or choices

Discrimination & Stigma *as Social Determinants of Health*



Adapted from Pascoe and Richman, 2009

What does stigma look like?

CBS NEWS NEWS SHOWS LIVE LOCAL Login

U.S. >

Republican attorneys general issue warning letter to Target about Pride merchandise

BY KERRY BREEN
JULY 7, 2023 / 2:23 PM / CBS NEWS

CRIME ▶

South Carolina Trans Teen Killed; Man He Met for Date Charged With Murder



Private Policy and Terms of Use

LAW ▶

Tennessee Ban on Gender-Affirming Care for Minors Upheld by Appeals Court



It is the first time a federal court has allowed such a law to go into effect.

BY CHRISTOPHER HIGGINS
JULY 10, 2023 12:30 PM EST

Home / News / Politics / Nation / Texas Governor Signs Law Banning Drag Performances in Public

Texas Governor Signs Law Banning Drag Performances in Public

Businesses that host performances in public or where minors are present can be fined \$10,000, and performers can serve jail time.

By John Riley on June 23, 2023 @JRileyMW

Speak Default

4.5k

PBSO NEWS HOUR Menu



By Arleigh Rodgers, Associated Press
By Michael Goldberg, Associated Press

New state laws force families with trans kids to seek gender-affirming care elsewhere

Leave your feedback

Next Jul 10, 2023 2:27 PM EDT

CRIME & COURTS

Hate crimes rose in 2022 in both California and Riverside County

Christopher Damien
Palm Springs Desert Sun

Published 5:00 a.m. PT June 30, 2023 | Updated 9:11 a.m. PT June 30, 2023




Hate crimes increased in California by about 20% in 2022 from the previous year, largely due to more reports of offenses targeting Black or LGBTQ people, the California Department of Justice said this week.

Riverside County also saw a 20% increase in hate crimes, from 34 in 2021 to 41 in 2022. In both years, the city of Riverside reported the most, 13 in 2021 and 12 in 2022. Palm Springs reported the second most in the county with eight in 2021 and six in 2022.

Attorney General Rob Bonta was joined by community leaders from around the

AP U.S. WORLD POLITICS VIDEO SPOTLIGHT ENTERTAINMENT



Larry Nasser stabbed in federal prison

School library book bans are seen as targeting LGBTQ content



The Desert Sun



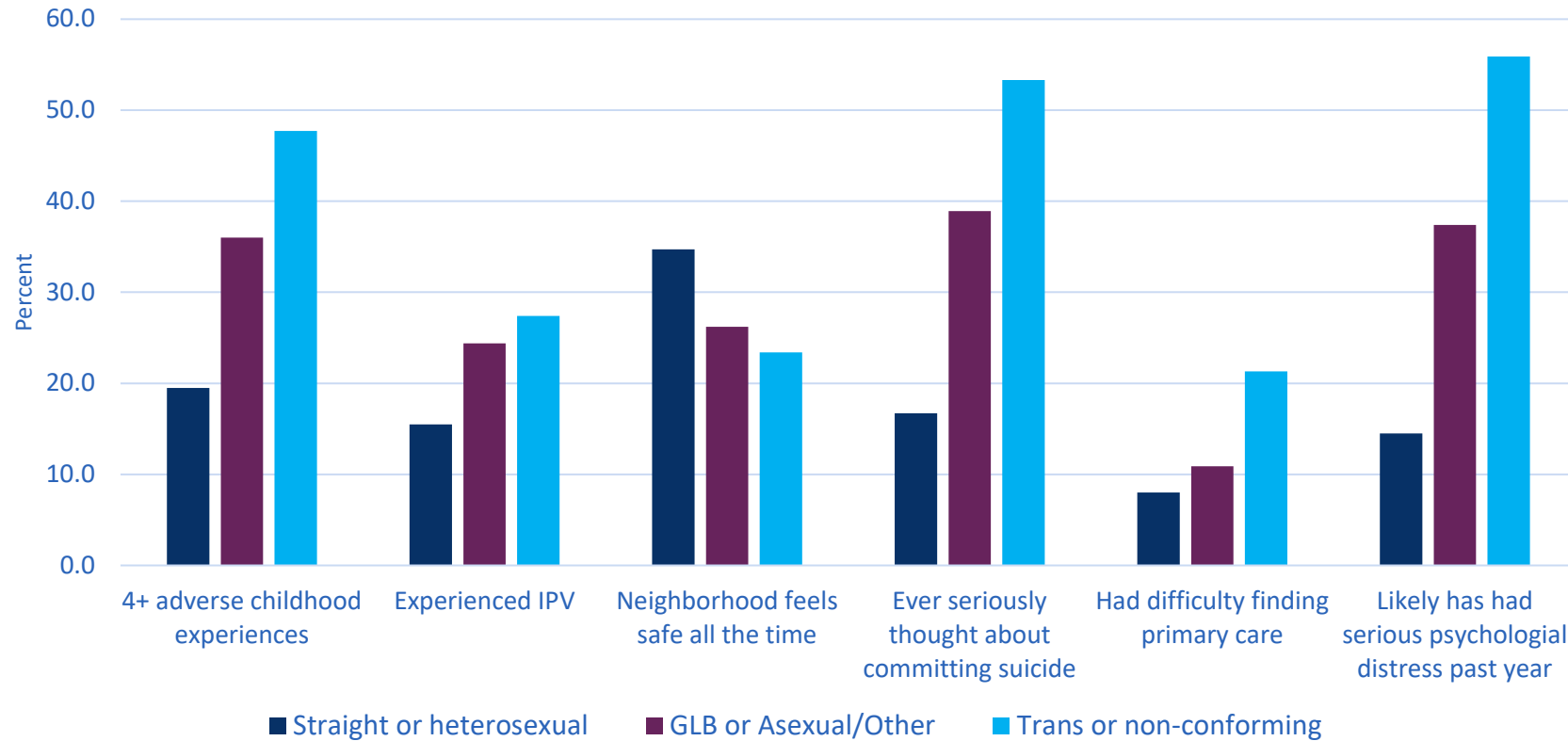
Health Effects of Stigma

Stigma has been associated with elevated risk for many mental & physical health problems, including:



- Alcohol, drug, and tobacco dependence
- Depression
- Anxiety Disorders
- Suicide ideation and attempts
- Obesity
- Heart Disease & Stroke

The Cost of Stigma



The Cost of Stigma

Robs LGBT people from genuine authenticity.



“Coming out” is a life-long, constant challenge.

- Real and feared rejection and discrimination at home, work, school.
- Plagued by hetero-normativity and gender-normativity
- HIV/AIDS stigma
- Internalized oppression
- Medical classification as a disease
- Religious beliefs that link sex and sin

Intersections of Oppression

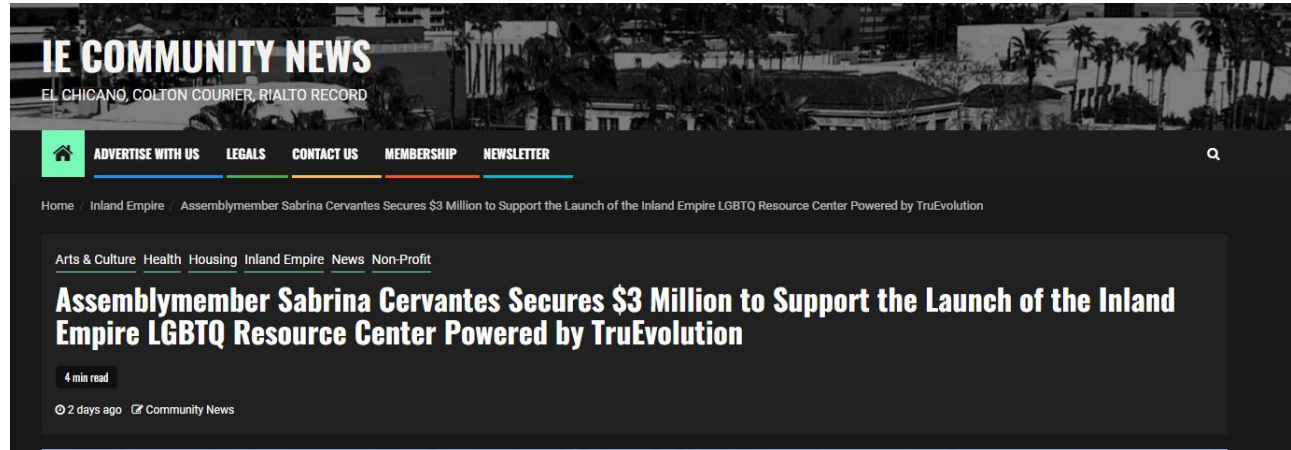
Many people belong to multiple stigmatized groups, adding to their daily levels of stress.



These can include:

- Ageism
- Sexism
- Homophobia
- Transphobia
- Racism
- Classism
- Ableism

Resiliency and continuing the work



IE COMMUNITY NEWS
EL CHICANO, COLTON COURIER, RIALTO RECORD

ADVERTISE WITH US LEGALS CONTACT US MEMBERSHIP NEWSLETTER

Home / Inland Empire / Assemblymember Sabrina Cervantes Secures \$3 Million to Support the Launch of the Inland Empire LGBTQ Resource Center Powered by TruEvolution

Arts & Culture Health Housing Inland Empire News Non-Profit

Assemblymember Sabrina Cervantes Secures \$3 Million to Support the Launch of the Inland Empire LGBTQ Resource Center Powered by TruEvolution

4 min read

2 days ago Community News

LOCAL NEWS • News

LGBTQ+ groups march for queer and trans rights in Inland Empire

Marches were in Riverside and Pomona, across Southern California and throughout the nation

[f](#) [t](#) [r](#) [p](#) [g](#)



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MOST POPULAR



Riverside University Health System – Public Health
Epidemiology & Program Evaluation
(951) 358-5557
www.ruhealth.org/ruhs-public-health
www.shaperivco.org

Q & A

PREGUNTAS Y RESPUESTAS

5 Minute Break

DESCANSO DE 5 MINUTOS

Panel Discussion

PANEL DE DISCUSIÓN

Kevin Phalavisay

Moderator

Kevin is a non-binary community member of Riverside who received their education in psychology at the University of California, Riverside. Kevin has personal and professional experience working with the LGBTQ+ community and is passionate about how our collective communities can create safe and affirming spaces for all folks. Currently, Kevin works with Riverside County contracted as the LGBTQ+ Cultural Community Liaison working towards reducing stigma around mental health and improving access to behavioral health systems.

Kevin es un miembro no binario de la comunidad de Riverside que recibió su educación en psicología en la Universidad de California, Riverside. Kevin tiene experiencia personal y profesional trabajando con la comunidad LGBTQ + y le apasiona cómo nuestras comunidades colectivas pueden crear espacios seguros y afirmativos para todas las personas. Actualmente, Kevin trabaja con el condado de Riverside contratado como Enlace de la Comunidad Cultural LGBTQ + que trabaja para reducir el estigma en torno a la salud mental y mejorar el acceso a los sistemas de salud conductual.



Pronouns: (They/Them)

Panelists

Panelistas



Panelist
Dr. Jill Hingston
Pronouns: (She/Her)



Panelist
Ariel Savage
Pronouns: (She/Her/Hers)



Panelist
Mackenzie Lussier
Pronouns: (She/Her)



Panelist
Gustavo Hurtado
Pronouns: (She/They/ Any)

Q & A

PREGUNTAS Y RESPUESTAS

Kindly take our survey

Por favor responda a nuestra encuesta

Your feedback will help us advance health equity in
Riverside County, together!

¡Sus comentarios nos ayudarán a promover la equidad en salud en el condado de
Riverside, juntos!

English & Español



The survey link is also in the chat.

El enlace de la encuesta también está en el chat.

PARTNER UPDATES

ACTUALIZACIONES DE SOCIOS

Health Equity Program Update

*ACTUALIZACIÓN DEL PROGRAMA DE
EQUIDAD EN SALUD*

Follow Us on Social Media

Síguenos en las redes sociales

@equityinrivco



Instagram



Tik Tok

Links in Chat

Enlaces en el Chat



EquiTEA



Available





Community COVID-19 Impact Hub

HEALTH EQUITY PROGRAM COMMUNITY COVID-19 IMPACT HUB



HEALTH EQUITY QUESTIONNAIRE

The Health Equity Program is gathering input on how our communities and neighborhoods have been impacted by the COVID-19 pandemic.

A **Community COVID-19 Impact Hub** created by the community for the community.

This Hub will:

- Display social & health inequity data
- Share community curated resources
- Promote policy, program, & community-driven solutions

IMPROVE THE HEALTH AND WELL-BEING OF THE COMMUNITY!

WE NEED YOUR VOICE!

Your story will provide a deeper understanding to our data. If interested in participating, take our Health Equity Questionnaire.

Scan Questionnaire QR Code



Questionnaire Link

<https://www.surveymonkey.com/r/ZHYKDV5>



EMAIL US

If interested in collaborating with us, email Health Equity Program at: rivcohealthequity@ruhealth.org.

TO PROMOTE EQUITY IN RIVERSIDE COUNTY
Follow us at @EQUITYINRIVCO



Instagram



TikTok



LinkTree

To learn more about our program, visit: WWW.RUHEALTH.ORG/PUBLIC-HEALTH/HEALTH-EQUITY-PROGRAM

PROGRAMA DE EQUIDAD EN SALUD CENTRO COMUNITARIO DEL IMPACTO DE COVID-19



CUESTIONARIO DE EQUIDAD EN SALUD

El Programa de Equidad en Salud está colectando información sobre cómo nuestras comunidades y vecindarios se han visto afectados por la pandemia de COVID-19.

Un **Centro de Impacto** creado por la comunidad para la comunidad

Este Centro:

- Mostrará datos de inequidad social y de salud
- Compartirá recursos curados por la comunidad
- Promoverá políticas, programas y soluciones impulsadas por la comunidad

¡MEJORE LA SALUD Y EL BIENESTAR DE SU COMUNIDAD!

¡NECESITAMOS SU VOZ!

Su historia proporcionará una comprensión más profunda de nuestros datos

Si está interesado en participar, responda nuestro cuestionario de equidad en salud.

Escanee el código QR del cuestionario



Enlace al cuestionario

<https://www.surveymonkey.com/r/ZHYKDV5>



ENVÍANOS UN CORREO ELECTRÓNICO

Si está interesado en colaborar con nosotros, envíenos un correo electrónico al Programa de Equidad en Salud: rivcohealthequity@ruhealth.org

PARA PROMOVER EQUIDAD EN EL CONDADO DE RIVERSIDE
SÍGANOS EN @EQUITYINRIVCO



Instagram



TikTok



LinkTree

Para obtener más información sobre nuestro programa, visite:

WWW.RUHEALTH.ORG/PUBLIC-HEALTH/HEALTH-EQUITY-PROGRAM

Healthy Places Index (HPI) Training

8.9.23
11am-12pm

RUHS-Public Health and Public Health Alliance
Present

Healthy Places Index (HPI) 3.0 Interactive, Hands-On Training



Are you interested in building healthier and more resilient communities? Join us for an exploration of the Healthy Places Index® (HPI), an innovative data and policy platform used across California to track neighborhood conditions that support health.

In this 60-minute training, we will provide a deep dive into the HPI, share how HPI can be used in your work to inform strategic interventions that address health disparities, and demonstrate how to leverage HPI's positive, asset-based frame to meaningfully engage communities.

Join us to discover how tools like HPI can help create healthier places and make a positive impact on the health of Californians!

Training Information

Wednesday, August 9, 2023
11am - 12 pm
via Zoom

REGISTER HERE!

Scan QR Code



Riverside County
Health Coalition &
Riverside County
Equity & Justice Taskforce



For Community Members and Organizations



Contact:

rivcohealthequity@ruhealth.org

<https://www.ruhealth.org/public-health/health-equity-program>

RCHC LinkTree



RivCo Health Coalition

Equity in RivCo Resources, Events, and Coalition Registration Link



RCHC Meeting Registration



Riverside County Health Coalition - July 19, 2023 (Hybrid Options)

Community Resources and Events

Partner Resources

Partner Events

Funding Opportunities

HCAI- Caring4Cal- Workforce Fund

CDPH- Injury & Violence Prevention Branch Program- Strengthening Economic Security and Mobility



Yield Giving Open Call for Community Based Organizations

Riverside University Health System



4.27.23, Promote Self-Efficacy & Community Efficacy Training

Social Media Links
Enlaces de Redes Sociales



Share Your Thoughts

Comparta Sus Ideas

Kindly take our survey. Your feedback will help us advance health equity in Riverside County, together!

Por favor responda a nuestra encuesta ¡Sus comentarios nos ayudarán a promover la equidad en salud en el condado de Riverside, juntos!

English & Español



The survey link is also in the chat.

El enlace de la encuesta también está en el chat.



RIVERSIDE
COUNTY HEALTH
COALITION

Riverside County, Health Equity Program

RUHS – Public Health, Epidemiology & Program Evaluation

**Programa de Equidad en Salud
Epidemiología y Evaluación de Programas**

RivCoHealthEquity@ruhealth.org

THANK YOU

GRACIAS

Next meeting:

Wednesday, October 18th, 2023

The meeting will take place virtually and in-person.

Próxima reunión:

miércoles, 18 de octubre de 2023

La reunión se llevará a cabo de manera virtual y presencial.