

EMPOWERMENT NEWSLETTER

JULY 2024

BLACK INFANT HEALTH UPDATES



Employee Spotlight:

Jacqueline Williams, Black Infant Health (BIH) Office Assistant III

Jacqueline joined the BIH team because she "believes in the power of community and the importance of addressing systemic inequities" She has been the power source that keeps this train running. Jacqueline shares "I am passionate about creating a healthier future for our community and am eager to be part of a team making a tangible difference."

We thank you Jacqueline!

**black
infant
health**

Empowering Pregnant and
Mothering Black Women



Nurse Information Session

Introducing monthly nurse information sessions hosted by Nurse Jovon. Sessions will help prepare African American/Black mom's and birthing people for an empowering experience prenatal and postpartum.

**Riverside
University
HEALTH SYSTEM**
Public Health

**black
infant
health**
Empowering Pregnant and
Mothering Black Women

Black Infant Health Staff



-New PHN's Sparkle Bright-

Our Black Infant Health Program

Vision Statement: "Empowering African American women, children and families for a healthier tomorrow."

Services:

- Supportive prenatal and postpartum group sessions that provide support, empowerment and reduce stress.
- Public Health Nurse and Medical Social Worker support.
- Individual Client Plans / Life Plans to help mothers plan their future.
- Transportation assistance (gas cards, bus passes).
- Referrals to services and resources within the community.

Qualifications:

- Self-identify as a Black woman.
- Must be 16 years of age or older.
- Be pregnant or up to 6 months postpartum.
- Live in Riverside County.

BIH Prenatal Baby Shower



BIH continues to celebrate our mom's empowering pregnancy journeys at our in-person prenatal baby shower. This event is held at the completion of a 10-week group series. All moms who attend get to connect with others through games, love and support. They are also provided with resources and other incentives as we embrace each other's journey.

THIS PROGRAM IS SUPPORTED BY THE CALIFORNIA BLACK INFANT HEALTH (BIH) PROGRAM.

FOR MORE INFORMATION, VISIT: WWW.RUHEALTH.ORG/PUBLIC-HEALTH/BLACK-INFANT-HEALTH

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Melanin Mom's Minds Matter

Black Infant Health (BIH) hosted our 2nd Annual "Melanin Mom's Minds Matter" event on May 21st to encourage Black birthing and postpartum moms to get outside, stay active, encourage community engagement and to support one another.



2nd Annual "The Cookout"

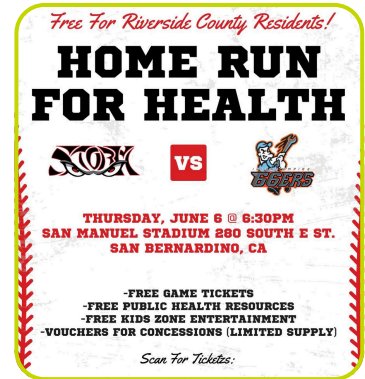
On June 18th, we hosted the 2nd Annual Juneteenth Freedom Day event in celebration of Black birthing mothers and babies.



Community Partnerships, Tabled Events and Support



SDA Mt. Rubidoux Church Community Baby Shower



Home Run for Health



SDA Mt. Rubidoux Church Juneteenth Event



Summerfest



Community Action Partnership (CAP) Meet and Greet



Pregnancy Associated Mortality Review (PAMA)

Special Black Infant Health Event - Rallying Around Sisters: Real Talk with Black Moms and their Loved Ones

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