


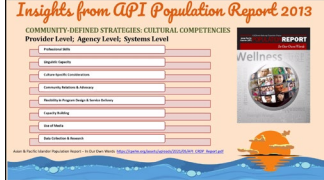



Asian Pacific Islander Desi American and Native Hawaiian (APIDAHN) Meeting
July 8th, 2025
Meeting Minutes

MEMBERS PRESENT:	MEMBERS PRESENT:	GUESTS PRESENT:
Dr. Ernelyn Navarro, Chair and CCL Tony Ortego, Co-Chair RUHS BH Administrator Sandy Awad, RUHS, MHSA Administration Isabel Lopez, Cultural Competency Denisha Bennett, Cultural Competency Ginny Chen, Reach out West End James, Jo, RUHS-PH	Harold C, SSG-APCTC Malia Bryant Amanda Trinh, RUHS PH GeBren Blakely, EdD, SDO RUHS BH Mindful Body and Recovery Edwin, NEFFCON-IE Shirley Feng, ICAA Julie Houston, RUHS-BH MHSA WET	Joshua Carreon, UCR School of Medicine

ITEM	DISCUSSION	ACTION
I. WELCOME, CONNECTION BEFORE CONTENT & OVERVIEW	<p>The Meeting was called to order at 3:00pm.</p> <p>Dr. Ernelyn Navarro, chair of the Asian Pacific Islander Desi American and Native Hawaiians, welcomed participants and provided an overview of the meeting agenda.</p>	
II. Land Acknowledgement	<p>Dr. Ernelyn provided a land acknowledgement recognizing the land's original inhabitants, including the Cahuilla, Luiseno, Serrano, Cupeno, and other Native American tribes.</p>	
III. 2025 CALENDAR: 3RD QUARTER ACTIVITIES AND UPCOMING EVENTS	<p>Dr. Ernelyn shared that she presented on mental health at the NEFFCON event, she asked Edwin from NEFFCON to share a little more about what they did during that event and share information about his organization.</p> <p>She also shared that she presented at the Health to Wealth Event and was able to give more mental health awareness to business owners.</p> <p>For Upcoming Events, Dr. Ernelyn shared that the civil right institute is hosting this exhibit to learn about the earliest Korean settlements established in California. She won't be present for this but encouraged members to attend to learn how different communities have contributed to our county.</p> <p>She shared NEFFCON's upcoming picnic event on July 12th and Riverside Health Coalition event on July 16th. She shared that AAPIDAHN is going to start planning 2025 Suicide Prevention Campaign and said they are open to new campaign ideas.</p>	
IV. HOPE EVENT 2025	<p>She shouted out Asian Pacific Counseling & Treatment Center VeloCity Team, Perris Valley Filipino Event, for the success of the HOPE Events and shared highlights from the event on the slideshows.</p>	

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V. Solstice Theater and TRCN Next Steps	<p>Dr. Ernelyn showed a clip from the solstice theater so that it's members can get to know how the solstice theater uses shadow puppets to educate and raise awareness towards different topics. She mentioned the different Asian communities who have shadow puppetry in their heritage and how solstice theater tries to involve all the different types of cultures into its work.</p> <p>TRCN: The Hope event was a launch event for ongoing education. Going forward Dr. Ernelyn wants to work with Solstice theater to provide outreach and education. She shared that AAPIDAHN are trying to sponsor them to do a presentation about climate change and mental health.</p>	
VI. UCR SCHOOL OF MEDICINE	<p>Joshua Carreon shared his Filipino Americans in Riverside Research regarding mental health occurrences and resource utilization. He presented his focus group and shared how this research could help improve the quality of healthcare services. Their goal is to have at least 60 participants to finish this year and publish by next year. He currently has online focus groups but will be doing in person in the future.</p> <p>For those who have a harder time doing online, it is currently available in person on request. Joshua shared the QR code so they could join if interested and shared the eligibility requirements for the focus group. Dr Ernelyn encouraged him to make flyers and attend NEFFCON's picnic event and the other events to spread the word.</p>	
VII. BEHAVIORAL HELTH SERVICES ACT UPDATE	<p>Dr. Ernelyn presented updates regarding the MHSA to BHSA transition. She informed the members on the focus' of BHSA with Population and Prevention being the key terms. She shared a list of goals for improvement and a list of goals for reduction that BHSA intends to focus on and revolve the changes around.</p> <p>Dr. Ernelyn went into details about the strategies the state has come up with that will be used to ensure these goals are met and focused on community engagement and coalition building. APIDAHN is considered part of coalition building and she shared what that would look like for the subcommittee looking forward.</p>	
VIII. FISCAL YEAR 2025-2026 GOALS	<p>As Dr. Ernelyn was transitioning into the new Fiscal Year Goals for APIDAHN she reminded members what the purpose of the alliance is and shared that the overall purpose and goal of an alliance is to create Access, advocacy and collaboration with the community and resources they need.</p> <p>To provide some insight into what that means, she shared the API population report from 2013 that highlighted Community-Defined Strategies in regard to what the Asian & Pacific Islander population could need from the Alliance. Dr. Ernelyn acknowledged that this data did not have IE resident's participation and asked her members that it is they wanted to see from APIDAHN.</p> <p>The Goals for APIDAHN were:</p> <ul style="list-style-type: none"> - Capacity Building 	

ITEM	DISCUSSION	ACTION
	<ul style="list-style-type: none"> • Maximizing Resources • Funding resolutions • Technical training <p>Community Relation and Advocacy</p> <ul style="list-style-type: none"> • Advocate system changes to better help the community • Population based community engagement <p>Dr. Ernelyn asked the members to provide input on what goal 3 should be</p> <ul style="list-style-type: none"> • Grant Writing Topics • Data Collection • Sharing different hubs with grant writers • Focus on what wellness looks like or what is working to find wellness 	
IX. ANNOUNCEMENTS	<p>Dr. Ernelyn took some time in her meeting to acknowledge the issues surrounding immigration and reminded her member that it is not only the Hispanic community that is being targeted, she shared that Asian communities have also been victims to raids and deportations and shared the importance of knowing their rights. She shared Red Cards on the screen and provided links to resources regarding immigration and encouraged the members to share with others in the community.</p>	 <p>The poster is titled "Immigrant Rights Resources" and features several sections: "Red Cards" with a list of rights, "Legal Support" with contact information for the American Immigration Council, and "WHAT TO DO IF IMMIGRATION COMES TO YOUR WORKPLACE" with a list of steps. It also includes logos for the American Immigration Council and the Department of Homeland Security.</p>
X. NEXT MEETING	Dr. Ernelyn shared that the next meeting will be on 9/9/25 from 3:30pm-5pm	
XI. ADJOURNMENT	Dr. Ernelyn adjourned the meeting at 4:55pm.	