

**Rustin Wellness & Recovery  
Clinic for Mature Adults**

2085 Rustin Avenue, Entrance 5  
Riverside, CA 92507  
951-509-2400

**San Jacinto Wellness & Recovery  
Clinic for Mature Adults**

1370 S. State Street, Suite B  
San Jacinto, CA 92583  
951-791-3596

**Lake Elsinore Wellness and Recovery Clinic  
for Mature Adults**

31760 Casino Drive, Suite 100  
Lake Elsinore, CA 92530  
951-471-4600

**Temecula Wellness & Recovery  
Clinic for Mature Adults**

40925 County Center Drive, Suite 101  
Temecula, CA 92591  
951-600-6420

**Behavioral Health & Nutrition Services  
Center / Wellness & Recovery for  
Mature Adults**

14320 Palm Drive  
Desert Hot Springs, CA 92240  
760-773-6767

**Satellite offices in**

Banning: 951-849-7142  
Indio: 760-863-8455  
Perris: 951-443-2200

The Wellness and Recovery Clinics for Mature Adults seek to assist consumers with their recovery. We promote the achievement and maintenance of a physically and emotionally healthy lifestyle to enable consumers to remain in their home or community-based housing for as long as possible. A multi-disciplinary team provides services with specialized training in evaluating and addressing both mental illness and issues of aging. Transportation may be available. Bilingual services are also available to consumers.

*This document is available in alternative formats upon request.  
If you are in need of a reasonable accommodation, please  
contact Riverside University Health System - Behavioral Health at  
951-358-4500.*



# WELLNESS & RECOVERY CLINICS FOR MATURE ADULTS

Serving Riverside county residents 60 years  
of age and older.

## SERVICES PROVIDED

- SMART ( Specialized Multidisciplinary Aggressive Response Treatment )
- Co-occurring substance abuse counseling
- Assessment and evaluation services
- Coordinated care planning focused on the consumer's recovery goals
- Medication services with ongoing medication support
- Assistance with accessing housing, health services, and funding resources to meet the consumer's needs
- Consultation with primary care physicians and other community agencies
- Assistance and review of consumer benefits
- Family and caregiver consultation and support
- Specialized groups to prevent isolation and to support independent living
- Peer Support
- Individual therapy
- Counseling
- Psychological testing
- Group therapy

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**Our goal is to provide comprehensive care and behavioral health services to older adults to empower them in their lives and to promote their wellness and recovery.**

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**Wellness and Recovery Clinics for Mature Adults are consumer-driven and focus on helping the individual achieve their optimal level of community functioning and personal and social health.**



***Referrals can be received by phone at any of our clinic locations or by contacting the CARES Line below.***

### CARES Line

CARES Line is a free resource line to be connected to mental health services. Call us today to discuss eligibility!

**800-499-3008**

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The Older Adult Services Program provides services to older adults aged 60 years and above. Services focus on wellness, recovery, and resiliency. Older Adult Services provide assessment and treatment focused on the consumer's recovery goals, assist with housing, provide medication services, evaluate placement needs, consult with primary care physicians, and link to health and other mental health specialty services. Peer and family support services are also available.

Specialty Multidisciplinary Aggressive Response Teams (S.M.A.R.T) provide outreach and engagement to the at-risk population for homelessness, institutionalization, and abuse, who, under ordinary circumstances, would not receive services.

