

LET'S TALK MY MENTAL HEALTH *Matters*

THURSDAY EVENINGS IN MAY
7:00PM - 8:30PM

Event SERIES

Thursday | May 7

Trauma, Healing and Restoration
Lori Lira, LMFT

Thursday | May 14

Grief and Loss
Dr. William Jones, D.Min.

Thursday | May 21
Your Life Still Matters
Nora Escobar, LMFT

Thursday | May 28
Strengthening Family Communication
Dr. Robert L. Cummings, Sr.

Saturday | May 30
10:00am - 2:00pm

**Community Wellness and
Mental Health Expo**
*Featuring Local Wellness Resources,
Community Service Providers, and
Family Friendly Youth Activities*

Special Session:
**Protecting Our Children
in Today's Culture**
Dr. Michael Francis, Ph.D.



← SCAN TO REGISTER
FOR THE LET'S TALK
SERIES



← INTERESTED IN BEING A
VENDOR? SCAN HERE

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