

Riverside University Health System - Behavioral Health

Peer Support & Resource Centers



Peer Support & Resource Centers offer peer support services to any community member wishing to explore their wellness. Offering wellness and recovery groups, individual peer support, and other activities in a structured environment. Our services assist community members in building resiliency while connecting to natural and community supports.

Services available all locations:



Emotional support, resources, skill building, coping skills exploration, goals exploration, and one-on-one peer support.



Planning for Success, Coping through Creativity, Taking Action to Manage Anger, Lunch & Learn Wellness, Wellness through Fitness, Recovery Activities, and more.

Peer Support & Resource Center Locations & Hours:



RIVERSIDE

2085 Rustin Avenue,
Riverside, CA 92507
951-955-9300
M-TH 8 A.M. - 5 P.M.
F 8 A.M. - 4 P.M.



INDIO

44-199 Monroe Street,
Indio, CA 92201
760-863-7067
M-TH 8 A.M. - 5 P.M.
F 8 A.M. - 4 P.M.



TEMECULA

40925 County Center Drive,
Suite 120
Temecula, CA 92597
951-600-6410
M-TH 8 A.M. - 5 P.M.
F 8 A.M. - 4 P.M.

