

GUIDANCE COUNCIL FOR EATING DISORDERS AWARENESS

MINDFUL BODY & RECOVERY PROGRAM

SHAPE THE FUTURE OF EATING DISORDER CARE IN RIVERSIDE COUNTY!

The Guidance Council for Eating Disorders Awareness brings together community members, providers, and advocates to improve awareness, access, and cultural responsiveness of the Riverside University Health System - Behavioral Health Eating Disorder Intensive Outpatient Program (ED-IOP).

What Does the Council Do?

- Share culturally relevant feedback regarding eating disorders treatment, community education, and training programs
- Promote awareness and reduce stigma
- Support outreach and education
- Identify barriers to care and service gaps

JOIN US AT OUR QUARTERLY MEETINGS



Thursday, February 19, 2026
2 to 3:30 P.M.



Banning Behavioral Health Clinic
1330 W. Ramsey St.



NEW

LOCATION



INTERESTED? CONTACT US!

Mindful Body & Recovery Program
951-210-1750

Register at bit.ly/4IXve8y

