



Silence Aloud Inc.



The Bridge Wellness Center



Empowering Our Community Through Support, Healing & Growth

Supportive Services

Housing Navigation

Peer Support

Food Assistance

Utility Assistance

Security Deposit

Rent Assistance

Living Essentials

Hygiene

Moving Expenses

Interview Clothing

Work Attire

Transportation Assistance (Bus/Uber/Bicycle)

Vital Document Assistance

Legal Aid Services

Community Service Hours

Mental Health Services

FYI/FUP/Section 8 Application Assistance



Group/Therapy

Anger Management

Mindfulness Group

Parenting Strategies

Family Therapy

Life Skills Group

Victim Advocacy Group

Strengthening Families

Drug and Alcohol Education

Employment Group



Workshops

Employment Readiness

Peer Advocacy-Supportive Services

Arts & Music (Artivism)

📍 14340 Elsworth St. #118

Moreno Valley 92553



Request Help

☎ 951-656-1838

✉ Bridge@silencealoud.info

🕒 Monday- Friday 10:00am-8:00pm, Saturday- By appointment only

<https://www.silencealoud.info/>