



EQUAL VOICES

Comprehensive sex education for youth with special or adaptive needs, aligning with the requirements of CHYA.

Curriculum preview nights and additional resources are available for parents and caregivers.

PROGRAM TOPICS



Healthy Relationships & Consent



Puberty & Anatomy



Pregnancy & Birth Control



Sexually Transmitted Infections



Gender & Sexuality



Online Safety & Safer Social Media



SCHEDULE TODAY

BetterThanSexEd.com



714-922-4103



education@pposbc.org

EQUAL VOICES EDUCATION

Each module is a one-hour session that can be presented in-person or virtually. These can be scheduled individually or as a series.

Healthy Relationships & Consent

Develop an understanding of the importance of consent, boundaries, and how to identify unhealthy relationships. Youth will be able to recognize abuse and know who to contact for help.

Puberty & Anatomy

Increase knowledge of the changes that happen to the body during puberty, the importance of maintaining proper hygiene, and appropriate behavior in public and private places.

Pregnancy & Birth Control

Learn about how pregnancy happens and how birth control can help prevent it. Increase knowledge of birth control methods, their effectiveness, and the importance of using them accurately and consistently.

Sexually Transmitted Infections

Review the most common STIs, including HIV/AIDS. Learn how STIs are transmitted, how they can be prevented, and how to access STI testing if or when needed.

Gender & Sexuality

Develop a basic understanding of gender identity, sexual orientation, biological sex, gender expression, and the influence of society on gender roles.

Online Safety & Safer Social Media

Discuss tips for staying safe online, including what is okay and not okay to share. Review what cyberbullying is and what to do if experiencing it.



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