



Riverside University Health  
System - Behavioral Health

# Transitional Age Youth (TAY)

**Transitional Age Youth (TAY)** Drop-In Centers are safe, welcoming spaces for young adults, aged 16 to 25, facing challenges with mental health or substance use, who are homeless or at risk of becoming homeless, or who have been in the foster care system.

TAY Centers are LGBTQ+ friendly and offer resources, support, services, and a place to gather with peers. Services are for individuals and families. Let us be part of your journey to wellness and recovery.

## We offer:



Services

- Psychiatric Evaluation & Treatment
- Medication Management
- Case Management
- Family & Parent Support
- Peer-to-Peer Support
- Therapy



Groups &  
Activities

- Anger Management
- Skill Building
- Self-Care
- Meditation
- Art & Music
- Creative Expression Workshops

## TAY Drop-in Centers



### Stepping Stones

1820 University Ave.  
Riverside  
951-955-9800  
Monday - Thursday  
8 a.m. - 5 p.m.  
Friday  
8 a.m. - 4:30 p.m.



### Desert Flow

78-140 Calle Tampico  
La Quinta  
760-863-7970  
Monday - Thursday  
8 a.m. to 5:30 p.m.  
Friday  
8 a.m. - 4:30 p.m.



### The Arena

2560 N. Perris Blvd. N-1  
Perris  
951-940-6755  
Monday - Thursday  
8 a.m. to 5:30 p.m.  
Friday  
8 a.m. - 4:30 p.m.





RIVERSIDE UNIVERSITY HEALTH SYSTEM -  
BEHAVIORAL HEALTH

## TRANSITIONAL AGE YOUTH (TAY) RESOURCE & SUPPORT CENTER

DESERT  
FLOW

### WHO WE SERVE:

- Individuals aged 16 to 25 or emancipated minors.
- Individuals who suffer from a serious and persistent mental health disorder.
- Individuals whose current level of functioning supports the need for intensive case management and wrap-around service support.

### SERVICES AVAILABLE:



Psychiatric  
Evaluation &  
Treatment



Youth-Focused  
Groups



Art & Creative  
Expression  
Workshops



Family &  
Parent  
Support



Peer-to-Peer  
Support



Therapy

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