



**Riverside University Health System-Behavioral Health
Adult System of Care Committee Meeting**

MINUTES

Perris: 450 E. San Jacinto Ave Suite 1, Perris, CA 92571
& Hybrid

Attendance on February 27, 2025

PRESENT

Brenda Scott
Jacqueline Markussen
Bill Brenneman
Dolores DeMartino
Elizabeth Lagunas
Donna Sliva
Beatriz Reyes
Melissa Vasquez
Don Kendrick
Rebeckah Birkinsha
Cathy Applebee
Martin
Alba
Omar Quevedo
Jorge Romero
Columba Campos
Isabel Rodriguez
Sonia Navarro
Angie Basurto
Art Hernandez
Natacha Sanchez

AREA OF REPRESENTATION

NAMI Mt San Jacinto / Board Member
RUHS- Mid-County Adult BH Administration
RUHS- Adult/Older Adult BH Services/ MHSA
NAMI Temecula Valley
RUHS- Pathways to Success
RUHS- Mid-County Adult BH Peers
RUHS- Hemet Adult BH Clinic
RUHS- Take My Hand
RUHS- CSSOC
RUHS- Mid-County Older Adults
Public
Public- Hemet Clinic
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Public- Hemet Clinic
RUHS- Hemet Adult Clinic
RUHS- Hemet Adult Clinic

WELCOMING REMARKS

Brenda Scott called the Adult System of Care Committee (ASOC) meeting to order.

INTRODUCTIONS

All in attendance introduced themselves.

ANNOUNCEMENTS

Due to unforeseen circumstances, the audio of this meeting was inaccessible and therefore, no information can be transcribed here.

MINUTES

The minutes for the January 2025 ASOC meeting are pending due to Jacqueline's vacant Executive Assistant position waiting to be filled. They will be provided as soon as possible in the upcoming month's meetings.

AGENCIE UPDATES/ PRESENTATION:

Melissa Vasquez from RUHS-Take My Hand gave a presentation on their services and Man Therapy.

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Department Updates:

Western Region – Alea Jackson was unable to attend today's meeting, so unfortunately there are no updates to provide.

Mid-County Adult Behavioral Health Clinics – Jacqueline Markussen provided the follow updates:

Hemet Adult BH Clinic has a caseload of 1473 and 204 FSP consumers. Current vacancies are one family advocate and one BHS III.

Lake Elsinore Adult BH Clinic has a caseload of 508 and 45 FSP consumers. Current vacancies are two Office Assistant II's; one CT; one BHS II; and one family advocate. A CT, who completed their internship at the Lake Elsinore clinic, was hired full-time.

Perris Adult BH Clinic has a caseload of 920 and 115 FSP consumers. Current vacancies are one family advocate and one OA II. Clinic is rolling out integrated service delivery. Staff have been trained in administering whole person health score (WPHS), which will be going live soon. The WPHS is a short survey for adults that looks at the needs across multiple life domains (Social Determinants of Health). These domains include physical health, mental health, socio economics, nutrition, and lifestyle. This process connects members with needed resources identified by the WPHS.

Temecula Adult BH Clinic has a caseload of 484 and 33 FSP consumers. Current vacancies are one CT and one Peer Support.

Desert Region – Rachael Gileno was unable to attend today's meeting, so unfortunately there are no updates to provide.

Mature Adults – Tony Ortego was unable to attend but Rebeckah Birkinsha reported the following information:

East Mid-County Older Adults – San Jacinto and Perris

Total Mid-County Older Adult Members are 1244 members. The San Jacinto/Perris clinics provide services to 665 members (523 Wellness and 142 FSP). Full scope services including psychiatric medication support, psychotherapeutic support, nursing, wrap around case management, groups and integrated care between primary care and behavioral health are available to all members. Services are provided in the clinics, by phone, in the field and at member residences. Groups currently being offered are Cognitive Behavior Therapy, Mind and Body Well-Being, and Art Recovery groups offered in both English and Spanish. Additional specialty services include Peer Support and Family Advocacy, which are necessary to engage the increasing number of members. Our Senior Clinical Therapist is trained to provide EMDR (Eye movement desensitization and reprocessing) therapy as an option for psychotherapy. We are currently recruiting for a Behavioral Health Specialist II for our FSP team. The San Jacinto Clinic partners with the RUHS-BH WET Program to provide in-clinic experiences for master's program students studying to become clinical social workers or licensed marriage family therapists. We are hosting one student intern for the 2024-2025 school year. We also participate as a residency site for second- and third-year residents from the RUHS Medical Program.

Southwest Mid-County Older Adults – Temecula and Lake Elsinore

Total Mid-County Older Adult Members are 1244 members. Southwest Mid-County services 579 members (119 FSP and 460 Wellness) between the Temecula and Lake Elsinore Mature Adult clinics. The emphasis in Southwest Mid-County is in person services with a strong emphasis on group therapy being offered in both Spanish, English and Korean. Some of the groups are Wellness Wanderers, Therapeutic Arts, DBT Skills Therapy, Renewed Perspectives through CBT, Colors of Wellness, Peer Coping Skills, and Go for Life group with peer and nurse leaders. Additionally, the clinics have a strong behavioral health team of three who are SOAR trained (SSI/SSDI Outreach, Access, and Recovery) for benefits specialization, and linkage to housing and substance use services. The staff empowers the clients to form and develop a support network, which specializes in linkage to viable community resources and supports. Our members have access to a client-specific computer lab, where the staff can guide members side by side in applying for

supportive resources. The Lake Elsinore Clinic partners with the RUHS-BH WET Program to provide in-clinic experiences for master's program students studying to become clinical social workers or licensed marriage family therapists. We are hosting three student interns for the 2024-2025 school year at the clinic.

CARE Court -

- Total of 245 referrals
- 144 formal petitions in civil court
- 14 orders to investigate from criminal court
- 41 clients with CARE Agreements
- 35 petitions dismissed
- 2 graduations

CRISIS – Don Kendrick provided updates as follows:

Mid-County has a new BHS II starting on the 20th for the Lake Elsinore mobile crisis management team. At the Hemet location, one BHS III (Uriah) and one BHS II (Natalie) have started.

He reported that they are now fully staffed in Temecula, Moreno Valley, Hemet, Perris, and Menifee.

Don shared that they launched a new app called Care Router on their county cell phones for a more streamlined, effective way to send calls to the teams. This allows dispatch to see where teams are located and to produce faster response times.

GOALS/ WORKGROUPS/SUBCOMMITTEES

- **Increasing Membership ideas**
- **Review of the Mission Statement and work to create a Vision Statement**

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Old Business:

(Due to unforeseen circumstances, the audio of this meeting was inaccessible and therefore, no information can be transcribed here.)

LIST OF POSSIBLE PRESENTERS FOR THE ASOC MEETING:

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PUBLIC COMMENTS/CONCERNS:

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NEXT MEETING

The next meeting for the Adult System of Care Committee will be held on March 27, 2025, at Rustin Conference Center at 2085 Rustin Avenue, Riverside CA 92507.

ADJOURNMENT

Due to unforeseen circumstances, the audio of this meeting was inaccessible and therefore, no information can be transcribed here.

<p align="center">Adult System of Care Committee Meeting 2025 Calendar</p>	
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