

Riverside University Health System - Behavioral Health

## Peer Support & Resource Centers



**Peer Support & Resource Centers** offer peer support services to any community member wishing to explore their wellness. Offering wellness and recovery groups, individual peer support, and other activities in a structured environment. Our services assist community members in building resiliency while connecting to natural and community supports.

### Services available all locations:



Emotional support, resources, skill building, coping skills exploration, goals exploration, and one-on-one peer support.



Planning for Success, Coping through Creativity, Taking Action to Manage Anger, Lunch & Learn Wellness, Wellness through Fitness, Recovery Activities, and more.

### Peer Support & Resource Center Locations & Hours:



**RIVERSIDE**  
2085 Rustin Avenue,  
Riverside, CA 92507  
951-955-9300  
M-TH 8 A.M. - 5 P.M.  
F 8 A.M. - 4 P.M.



**INDIO**  
44-199 Monroe Street,  
Indio, CA 92201  
760-863-7067  
M-TH 8 A.M. - 5 P.M.  
F 8 A.M. - 4 P.M.



**TEMECULA**  
40925 County Center Drive,  
Suite 120  
Temecula, CA 92597  
951-600-6410  
M-TH 8 A.M. - 5 P.M.  
F 8 A.M. - 4 P.M.

